

March 8, 2026

In freedom, Choose Life

In the Hebrew book of Deuteronomy, God says, "I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live." Some people have tried to turn the choice of life into one against women's freedom and self-determination. What does it mean to you to choose life? Why do we affirm the power to choose?

Service Leader & Speaker: Reverend Thomas

Celebrant: Pat Whitfield

Gathering the Community

Pre-service Announcement Loop

Gathering Music: Medley– Chris Rader on piano

Welcome: Pat Whitfield

Announcements

Land Acknowledgement

Affirming Our Connections

Opening Congregational Song: STLT #305, "De Colores" – Julie Smith on piano, Shannon Eisert & Rhonnie Craven lead vocals

Call to Worship: "Mereces un Amor," adaptado de un poema de Estefanía Mitre – Rev. Thomas Perchlik

Chalice Lighting: Led by Pat Whitfield

May our flame and chalice remind us

to seek first the response of Love.

In the midst of challenge, may our flame shine with

The inherent worth of every person.

In the midst of uncertainty, may our chalice be

A bright beacon of hope.

In the dark of these times, may our values

Shine with Love

and guide our choices.

Centering

Time For all Ages: "My Magical Choices" by Becky Cummings – Pat Whitfield

Singing the Children to Class:

Now, go with each other to find meaning in the spirit of love that we share.

Sharing and Honoring: Rev. Thomas Perchlik

Reflective Music: STLT: #123, "Spirit of Life" – Julie Smith on piano

Silent Meditation or Prayer: Rev. Thomas Perchlik

Seeking Wisdom & Inspiration

Sermon: "In Freedom, Choose Life" by Reverend Thomas Perchlik

Returning to the World

Share the Plate Offering: Planned Parenthood

- **Introduction:** Laura Mrachek
- **Sharing:** Collette Oliver-Soliel
- **Offertory music:** "Climb Every Mountain" – Chris Rader on piano

Closing Congregational Song: STJ#1053 "How Could Anyone" (teal hymnal) – Chris Rader on piano, Shannon Eisert & Rhonnie Craven lead vocals

Benediction: Rev. Thomas Perchlik

Chalice Extinguishing:

We extinguish this flame,

but not the light of truth,

the warmth of community, or the fire of commitment.

These we carry in our hearts and embody in our lives,

Until we are together again.

Closing Song: "Carry the Flame"

Coffee Hour

[Send your offering via PayPal!](#)

A special "Thank You" goes to:

Greeters: Eliot Scull, LeRoy Farmer, & Dawn McKenzie

Music Coordinator: Chris Rader

Musicians: Julie Smith, Rhonnie Craven, Shannon Eisert, & Chris Rader

Service Graphics: Rita Salama

Tech Support: Darius Severson

Announcement Loop: Hideo Fujita

Zoom Host: Owen Barnes

Coffee Host: Betsy Peirce

Care Team: Stephanie Ko

Religious Educators: Marisol Lyons & TBD



Seek, Embrace, Serve

Cascade Unitarian Universalist Fellowship

East Wenatchee, WA • (509) 886-4023 • www.cascadeuu.org