



Seek inspiration and understanding,
Embrace all on their individual spiritual journeys,
Serve our local and world communities.

Cascade Unitarian Universalist Fellowship

1550 Sunset Highway, East Wenatchee, WA 98802 | (509) 886-4023 | www.cascadeuu.org



A Conversation

About

Spiritual Injury

July 7

This Sunday

Celebrant: Deb Miller

Speaker: Lynn Madsen

Gathering the Community

Pre-service Announcement Loop

Prelude: Old Joe Clark

Gathering Music: Sacred Circle, Heather Pierson, Bernice Martin

Welcome:

Announcements

Affirming Our Connections

Land Acknowledgement: `Ota `Kte, Standing Bear

Congregational Song: Begin Again in Love, Steve Clem

Opening Words: We Have Not Come Here to Take Prisoners, Hafiz

Chalice Lighting:

*May this sacred flame clear our vision so we can
See the shadows in our own hearts
Recognize the pain of others
Face the troubles in the world
And hold it all in Love and Grace*

Centering

Wisdom Reading:

Matthew 23

Strange and Foolish Walls, A. Powell Davies

Sharing and Honoring:

Reflective Music: Spirit Found Us, David Schiffman and Lisa Littlebird

Silent Meditation

Seeking Wisdom and Inspiration

Program: A Conversation about Spiritual Injury

Returning to the World

Offertory: Improvised

Congregational Singing: I'll Fly Away, Alan Jackson

Benediction/Prayer: The Larger Circle, Wendell Berry

Chalice Extinguishing:

*We extinguish this flame
But not the light of Truth,
The warmth of community
Or the fire of Commitment
These we carry in our hearts until we meet again*

Closing Song: "Carry the Flame"

Coffee Hour

A special "Thank you" goes out to:

Date: July 7, 2024

A Conversation About Spiritual Injury

Service Leader: Lynn Madsen

Celebrant: Deb Miller

Moderator: Lynn Madsen

Greeters: Chris Rader, Sandy Limbeck, Barbara Edwards

Musicians: Chris Rader, Rhonnie Craven, Laurie Chamberlain, Steve Clem, Lynn Madsen

Tech Support: Darius Severson

Zoom Host: Linnea Shannon

Coffee Host: Deb Miller

Pastoral Care: Gary Pape

Religious Educators: Natalie Severson

Announcements

Childcare Help Needed

Because we want to serve parents with children throughout all seasons, Cascade Fellowship will continue to provide childcare on Sunday mornings through the summer.

Natalie Severson is glad to continue to provide a kind and caring presence every Sunday through July. However, starting August, she will no longer be available to help. We are looking to hire a new part-time employee to take over her responsibilities by that time. So please let Rev. Thomas know if you know of anyone we should consider.

Calling CUUF E-Bikers!

Friday July 5th, 9:00 AM

Looking for like-minded e-bikers from CUUF, good company, and fun rides with your e-bike?

Join us for our inaugural CUUF e-bike ride!

Meet Location: Apple Capital Loop Trail Empire Avenue trailhead (Northeast of Odabashian Bridge, parking lot). We'll ride on the North Spur of the Apple Capital Loop Trail to Lincoln Rock and back (approximately 12-13 miles round trip).

For more information or to set up carpooling, contact Julie Smith or Leigh Pobst.

Future rides are TBD based on interest!

Announcements

Vacation and Office Closure Notice

The CUUF office will be closed from July 4 to July 5 for the Holiday

If anything is needed from the office during this time, **please contact Petra before July 3** so she can try to accommodate: admin@cascadeuu.org. July 4 is considered a paid holiday and she will be taking vacation time the day afterwards. Announcements are expected to run on their normal schedule if needed and CUUF's office schedule will return to normal on July 9.

Reverend Thomas is granted 4 weeks of study leave & 4 weeks of vacation!

He will take two weeks of each during July 2024. Meaning it will be difficult to contact from early **July 2 through the end of July 29**. During this time, Rev. Thomas will rarely check his emails; respond to voicemails or texts only in the case of an emergency. As always, Petra, the board president, and Julie should be able to reach him in the office for emergencies only. Our Reverend is very happy to serve this congregation and looks forward to all the exciting things we will do in August and beyond.

Save the Date!

September 6, 2024

Please join the Tuesday Night Covenant Group for a campout on 09/06/2024 at the Squilchuck State Park Group Campsite. We look forward to hosting you for dinner, fun activities, and a sleepover. Please check this space, the weekly update email, and/or Facebook for more details as the time gets closer.

Please also feel free to **email: sweetgirlr@gmail.com** for any questions or suggestions or to RSVP.



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