

CUUF Link

Cascade Unitarian Universalist Fellowship



Our Worship Services

January 2020

OUR MISSION:

Seek inspiration and understanding,

Embrace all on their individual spiritual journeys,

Serve our local and world communities.

VISITORS ARE ALWAYS WELCOME!

We affirm the inherent worth and dignity of all people. We welcome diversity of race, age, abilities, culture, sexual orientation, and religious background.

CUUF Minister:

Rev. Laura Shennum

On Sabbatical until April 2020

Intern Minister

Joel Courtney
575-650-0773

internminister@cascadeuu.org

Religious Ed. Director

Connor Dahlin

612-558-4317

redirector@cascadeuu.org

Music Director

Kmbris Bond

541-953-4442

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Office Assistant:

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Cascade UU Fellowship

1550 Sunset Highway

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(509) 886-4023

www.cascadeuu.org

Traditional Services

Our traditional services begin at 10:30am and end at 11:45am with messages given by guest speakers or members of CUUF. On Sunday mornings, children K-5 have religious exploration classes after the Time for All Ages. Please join us for coffee and fellowship immediately following the service.

Our theme for January is:

What does it mean to be a people of integrity?

January 5, 2020

Pancakes & Process Theology

10:30am Service:

Rev. Elizabeth Stevens

Celebrant: Joel Courtney

In this service, Rev. Stevens will introduce us to Process Theology, a metaphysical and philosophical framework inspired by quantum physics. She will also sing camp songs and offer tips on getting adolescents out of bed...and on creating the world we are longing for. Sadly, she will not make actual pancakes.

January 12, 2020

Celebration of Lives Lived

10:30am Service

Speaker: Christina Davitt

Share the Plate: Panther House

Celebrant: Deb Miller

Let's join together in Beloved Community to Celebrate Lives Lived in 2019. We'll find meaning and hope in listening to each other's stories. Bring a favorite quilt or a piece of fabric to place on the back of your chair to comfort you in love.

January 19, 2020

Integrity and Dignity

10:30am Service

Speaker: Steve Clem

Celebrant: Christina Davitt

Integrity and dignity are the products of the relationship each of us has with ourselves, our relationships with others, and our relationship with God (a relationship needed whether or not we believe that God exists). It is through this balance of integrity and dignity that we create Oneness with the world.

January 26, 2020

Self Healing as Sacred Science

10:30am Service

Speaker: John Neff

Celebrant: Steve Clem

Moment to moment, day by day, how do we grow that connection to our inner authority? How do we fall in love and stay in love with simple ways to full-aliveness?

A MESSAGE FROM REV. LAURA SHENNUM

Rev. Laura is away on Sabbatical until April 2020
(see more info below)



While she is away two of our guest speakers are:

The Rev. Dr. Elizabeth Stevens serves the UU Church of the Palouse in Moscow, Idaho. She is married with two sons, ages 19 and 21. She will be our speaker on January 5th.

John Neff, D. Min., has taught integrative body, mind, spirit programs for 25 years at universities, graduate schools, hospitals, businesses, and in the armed services. John is a certified teacher in various forms of Qigong and Tai Chi, is a board-certified life coach and Breema bodywork instructor. John served as an ordained UCC minister, Air Force Civilian Chaplain and completed a doctorate in Integrative Human Development. His passion is supporting people to live their full aliveness. In February, John will be offering Medical Qigong on Sunday afternoons, designed to empower inner healing through evidenced-based medicine that transforms anxiety, stress, and disease into self-confidence, inner peace, and optimal health. More information about John and his work can be found at www.deepspringwellness.com.

Sabbatical FAQs

1. How long will Rev. Laura be gone? Rev. Laura will lead Christmas Eve Service and then will take a week's vacation with her family. She will be officially gone on Sabbatical from January 1, 2020 until she returns to the office on Monday, April 27.
2. Can we still call Rev. Laura while she is gone? Unfortunately, this is a time when Rev. Laura will be out of contact with the congregation. If Rev. Laura needs to be contacted for an emergency or major concern of the congregation, then the Board President, Julie McAllister or Intern Minister, Joel Courtney will contact her.
3. What if I see Rev. Laura in the community? Do I have to ignore her? No, you do not need to ignore her. However, please be mindful, that just like you are missing her, she is also missing you and it would be very easy for her to move into a ministerial role. A simple hello and good to see you will be just fine. Try to avoid any talk about the congregation. This is her time to rest and renew.
4. What will Rev. Laura do during this time and who will be running the congregation? Refer to the sabbatical brochure included in this newsletter for this information about the activities Rev. Laura has planned as well as who you can contact about congregational issues.
5. Will Rev. Laura leave the congregation after her sabbatical? In the contract the congregation has with Rev. Laura, she is required to stay 1 year after sabbatical. With that said, there are no plans at this time for her to leave within the next 3-5 years.

CUUF MINISTRY In SABBATICAL 2020 January - April

Our Tradition's Sabbatical Practice

The Unitarian Universalist tradition of ministry has long embraced sabbaticals. The roots are ancient. "The Lord said to Moses on Mt. Sinai: 'Six years you shall sow your field, and six years you shall prune your vineyard and gather its fruits, but in the seventh year there shall be a Sabbath of solemn rest for the land.'" (Leviticus 25)

In UU congregations, the purposes of the sabbatical are:

- To allow the clergy time and freedom to step away from intimate leadership of congregational life, so as to gain perspective on its context in larger life, and to acquire new resources for contributing to the congregation's work; and
- To provide the congregation with the opportunity and impetus to sense its identity distinct from its professional minister's, and to cultivate its independent resources for furthering its mission.

Our Minister At Large

Rev. Laura Shennum began ministry at CUUF in 2012. She has served the congregation for 7 years, which has allowed her to earn time to take a sabbatical. She will be gone from January through April.

During this time, Rev. Laura will take time to:

- Rest and renew her spirit through connecting with family and close friends.
- Gain a deeper understanding and practice of Qigong by attending a retreat in California.
- Study the field of Process Theology through reading and writing.
- Build skills in staff management through reading and attending a workshop.
- Retreat at Holden Village to set intentions on how to return to ministry.



Our Minister On-Site

Joel Courtney will continue his internship during the sabbatical. This is a time for Joel to step into ministerial authority while still remaining a student of ministry. During this time, Joel will:

- Have regular office hours;
- Lead worship, and co-lead with visiting ministers;
- Conduct rites of passage (weddings, memorials) for church members;
- Coordinate Pastoral Care in partnership with the Pastoral Care Team;
- Serve as Staff Supervisor in partnership with Board President, Julie McAllister.

Joel will be supervised by Rev. Peter Luton on a weekly basis and as needed.

Partners In Ministry

Church members who will lead our sabbatical's renewal in ministry include:

Worship Team (Co-Chairs: Deb Bryant & Christina Davitt) who will lead and coordinate worship with guest ministers, speakers, and lay leaders.

Pastoral Care Team

(Co-Coordinator: Verna Zuttermeister & Lori Nitchals) who will provide personal visitations and support.

Board of Trustees (President: Julie McAllister) who will provide leadership and guidance.

Internship Committee (Chair: Christina Davitt) who will support and guide Joel through this time.

Congregational Life Team

(Co-Coordinator: Steve Clem & Kmbri Bond) who will coordinate congregational opportunities to engage in the life of the church.

A MESSAGE FROM OUR INTERN MINISTER



Much of the last month has been spent in preparation for Rev. Laura's upcoming sabbatical. We've met with staff, ministry teams, board members, a supervising UU minister and pored over the regular administrative work that Rev. Laura does on top of providing sermons, facilitating meetings, and crafting worship.

Together with the congregation, they have created a wonderful support structure to ensure that myself and the congregational leadership can continue the work of the church nearly seamlessly in her absence. In fact, separately, we hope to better rediscover who we are and who we want to be together when she returns. I'm excited and honored for the opportunity to be a part of that experience with all of you.

While the Severe Weather Shelter program had some sudden changes last month, it is still continuing this year through First United Methodist Church. They held their first volunteer training on Dec. 14 and hoped to open their doors on Dec. 16. I will continue to keep you all informed about other upcoming trainings and support opportunities.

In our own congregation, we stepped up to provide an amazing Thanksgiving meal for the people at the PowerHouse Ministry Center in November. Dozens of congregants brought food and supplies, and many stayed throughout the day, sitting and sharing a meal and conversation with those receiving services from PowerHouse that day. Based on the terrific response and requests for more chances to work together, we are working with PowerHouse to try and coordinate a monthly shared meal with our congregation in the new year.

I'll be leaving for Chicago and the fall semester of in-class work at Meadville Lombard in January, but I will still be available as needed thanks to the wonders of technology.

Blessings,
Joel Courtney, Intern Minister

THE BOARD REPORT

CUUF December 2019 Board Report:

- ◆ The board recognized an action taken without a meeting - The Architectural Study Task Force Charter was approved
- ◆ We discussed next steps of creating a Building Committee and will add this to the January agenda. This committee will work directly with the architect, once one has been selected.
- ◆ Deb talked about the plans for the development of a Leadership Council. More details on that at the January meeting.
- ◆ Rev. Laura reviewed the final plans for her sabbatical leave.
- ◆ Rev. Laura shared with the board that she received a letter from the family of Suzanne Harper and a Legacy Gift donation to CUUF. The monetary gift is from John Crew and Suzanne Harper estate. The board will discuss in January how to memorialize the gift.

Next meeting is January 16, 2020

Respectfully submitted,
Deb Miller, secretary

A MESSAGE FROM OUR BOARD PRESIDENT

Dear Congregation,

“There are three constants in life....change, choice and principles.” Steven Covey



Welcome to 2020! I hope your holiday season was peaceful, meaningful and spent with the people (or animals) that fill your soul.

I love this quote, and it certainly applies to this month. As you read this, we have already begun our time without Reverend Laura while she is on sabbatical – **change**.

I am so happy and excited for her and this chance for her to grow, reflect and refresh. The worship team has planned a few services that will parallel her path. In particular, a service on the practice of QiGong, and on Process Theology. Laura was given a journal from the congregation, during the ceremony at the Dec. 22nd service, to use while she is gone. Rev. Laura also presented a journal to the congregation to write thoughts, reflections and notes for her to read on her return. Please be sure that you write a note in it if you wish to.

We have also begun the next step toward our building. The Architect Selection Task Force has met, developed an RFP, and beginning the process of looking for an architect for our project - **choice**.

The Congregational Life Committee has planned several events each month to help us get together and share fellowship! Their first, the baked potato dinner, was a hit. Be sure to watch for the events, they are offering different types of events to help you to find something to be a part of for an evening or day.

I am so pleased to be a part of this congregation and on the journey for the next 4 months. Our theme for January is Integrity. I am proud of how we demonstrate that daily, we support the causes that matter, we show up for our community and the less fortunate, we support our minister and ourselves on our spiritual path - **principles**.

Julie

RELIGIOUS EXPLORATION

Greetings!

After a month of awe and the flurry of late year holidays, we greet the new year in a productive fashion. January's theme is Integrity, and in all sincerity, what a great theme it is. Integrity is loaded with meaning: moral uprightness, honesty, withstanding, strength of conviction, remaining true to one's values. Integrity isn't just theory, it's also the practice. In such uncertain times, amidst an uncertain future, while we can't necessarily expect integrity from the greater functions of society, we can be a beacon, we can stand for what we believe in the ways that count. We, on the micro level, can be the example of what we want to see in the world and make the difference when we align ourselves within powerful opportunities.

Our focus on Integrity will take many forms. We'll discuss walking the talk. Doing instead of not practicing what one preaches. This is the core of Integrity. However, perhaps most importantly, we'll discuss finding your inner voice. What do we value? Why do we value that? This seems like step one. We have to have something to stand for to begin with. Along with this, we'll discuss how to maintain integrity among a group, how to ensure that a group effort stays on task. In addition, there will be a reoccurring secondary theme of courage. Courage is the finishing component to the function of Integrity. First we come to learn what we stand for, second we gain the courage to act on it. Having or gaining the confidence to speak up even if one fears the consequences of not being understood.

IMPORTANT NOTE: This month, we are changing how RE operates. Provided the numbers, we will be splitting the class based on grade and interest. Roughly, preschool and first graders will attend a more activity based class along with our childcare attendants. Second through fifth graders will participate in a more honed in, direct RE experience. We're providing more structure to our classes to try to accommodate to the more specific educational needs of our children. This way we can allow our younger students the play they deserve, and our older students the answers to their forming questions without distraction. We're in need of volunteers who are willing to lead a class.

*Sincerely,
Connor*

Adult Education Opportunities

Elder Talks

Wednesday, January 8, 10am to 11:30am, CUUF Sanctuary

What does it mean to age and how are you supposed to do it gracefully? This is a time to gather and explore the topic of aging. We will take the time to discuss the lessons we have learned in life that have shaped us into who we are today. Join us for coffee, tea, and some light refreshments

Attitude of Gratitude

The board would like to thank the:

Adopt-a-Highway Litter Clean Up Crew:

A Big THANK YOU to the following people:

Dawn McKenzie

Trinity McKenzie

Jamie Krish

Ivy Coonrod

Heather Coonrod

Chris Rader

Kathy Johnson

Shannon Eisert

John Toevs

John Toevs Jr

Jeff Lau

Gracias!

Merci!

THANKS!

A NOTE OF THANKS!

With Gratitude to Suzanne Harper & John Crew

We received a generous legacy gift from the estate of Suzanne Harper and John Crew. This means we have a new legacy fund on our balance sheet. The Board will take time to thoughtfully think about how we can best use the money as well as honor the spirit of Suzanne and John. If you would like to send a card to the family, then please drop it off with Sharon in the church office and she will send them on.

Joys and Sorrows Sunday

Congregational Conversation About Joys and Sorrows

Sunday Jan. 19 12-1 pm

Joys and Sorrows is a time during our worship when we express our care for one another. As we grow in size, we want to be sure we are meeting the pastoral care needs of the gathered congregation through intentional participation and ritual during Joys and Sorrows. Come join the Worship Team on Sunday Jan. 19 from 12-1 pm to engage in a congregational conversation about Joys and Sorrows.

Please contact Christina Davitt christina@davittlaw.com or (509) 393-9467 for further information.

Newcomer Chat January 12

Are you a relative newcomer to Cascade UU Fellowship? Would you like to learn more about becoming involved with fellowship activities, get acquainted with other newcomers, and/or hear a little more about Unitarian Universalism? Two members of the greeters' team will host a one-hour "meet and greet" after church on Sunday, Jan. 12, and you're invited! We'll have some refreshments and child care will be available. You can let us know ahead of time if you plan to come, or just show up. We look forward to getting to know you!

Chris Rader, 888-0181, crader@nwi.net

LeRoy Farmer, 669-3941, leroyf@nwi.net

CUUF Acoustic Cafe

Friday, January 24, 7 pm to 9:30 pm.

Musicians,



Singers,



Volunteers



If you would like to perform or help with set-up & take-down
Please contact Steve Clem at 509-670-0967 or steveclem@charter.net

SOCIAL ACTION NEWS

Share the Plate— Sunday January 12th Panther House

In November we raised \$533 for the Unitarian Universalist Service Committee

Thank You! For your generosity!

Our Share the Plate Recipient for the month of January is the Panther House
The Panther House provides food, hygiene products, and new clothing for students of Wenatchee High School and their families that are in need.

First Friday Art Walk!

Let's start doing the First Fridays Art Walk in Downtown Wenatchee together! Next up is **Friday, January 3**. Meet at Caffe Mela at 5:45 pm, see the art, and end with a meal and beverage.
Questions? Ask Diane McKenzie!



FELLOWSHIP NEWS



CIRCLE SUPPERS

Circle Suppers are large potluck dinners held in the homes of Fellowship members and friends. They are a good way to socialize with other friends and members of CUUF while sharing a great meal.

SMALL DINNERS

Small Dinners are potluck dinners for eight people, including host. They are held on Saturday evenings in the homes of CUUF members and friends.

**NO CIRCLE SUPPERS
PLANNED
For JANUARY**

SMALL DINNER

Saturday, January 18 @ 5pm

Please sign up by Sunday, January 12
Sign-up sheets are in the kitchen on the back wall.

Questions contact: Jackie Halter 860-2978

Please Note the Earlier Times for the Winter Months!



2019 Starry Night Holiday Auction Update!

A HUGE THANKS to all who participated in our yearly fundraiser! We hope you enjoy using your item, attending or hosting your dinner, learning a new skill at your class, or eating your goodies! It's truly a win-win for CUUF!

According to our records
Our Starry Night Auction
raised close to \$10,000!!



A Bit THANK YOU! To Our Awesome Fund Raising Team!!

Visual Arts Team Sanctuary Décor

January brings the essence of winter with snow and cold. Putting the warmest quilts on beds reflects this time of year.

Using the Quilt as a metaphor for the January theme of "Integrity" the Visual Arts Team will brighten the sanctuary with old, new and emerging handmade quilts. If piecing small bits of cloth scraps together creates a stronger, utilitarian result, the quilt has integrity.

Human hands working together bring authenticity and honesty to the final work. The history of a quilt allows reflection on the resilience of the humans who passed the quilt on to the next generation.

"Integrity" is a leadership quality that asks us to do the right thing, choose value above personal gain, always keep our word, and have the courage to say no and face the truth.

How might a quilt from the past or from now speak to these qualities of leadership and integrity?

Is there a quilt in your cupboard?

During our worship service on Sunday January 12th we will Celebrate Lives Lived and the Visual Arts Team is encouraging everyone to bring a family or favorite, or meaningful quilt or piece of fabric to the service. Hang the quilt on the back of your chair during the service. The quilts will add color and significance to the sanctuary as we remember the people of our past.

Please contact Suzanne Sorom (509) 663-1220 or Christina Davitt (509) 393-9467 if you have any questions.





Mu! By Genki Takabayashi Roshi

Welcome to a New Year

Sharon Meho Petit, Sensei and Todd Daiko Petit

One of the most significant and fun days of the Buddhist calendar is New Years. Most of the Buddhist holidays are, actually, holy days, and therefore celebrated by some serious practice. New Years is the great exception. In Zen we celebrate with a tongue in cheek party known as a Toya Party. Students put on sketches that mock the teacher and leaders of the temple. It is a tradition meant to bring some humility to often formal and strict hierarchal organizations. But we do have a more serious side of the celebration where the participants strike the temple bell 108 times in a recognition of the 108 delusions each of us is said to have at any given time.

At Stone Blossom Sangha we will be greeting the new year with ongoing weekly practice and the start of a new book group on the famous Ten Oxherding Pictures. We may also be teaching another class this spring at Wenatchee Valley College on Western Zen, its history and adaptations to the American and Western World's philosophy and culture. We will look at one of the more controversial and interesting figures in American Zen: the philosopher, Alan Watts. We will also look at Zen Mind Beginner's Mind and Shunryu Suzuki Roshi and other pioneers and missionaries. Be sure to watch the college bulletin for an announcement and details. We hope you join us in welcoming this new year.

Happy New Year!

You may also join us any Wednesday at 5:30 pm for practice at
119 S Miller, Wenatchee

Morning Meditation 9:30 to 10:30 am

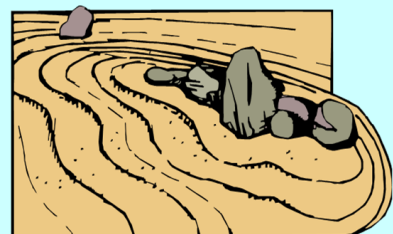
Zen 5:30 to 6:30 pm

Tibetan 6:30 to 7:30 pm

Tuesday, Zen Book Group 6:30 to 8:00 pm

Sunday, Drumming Meditation 2:00 to 4:00 pm

Contact: Sharon Meho Petit, shayknight@charter.net or 506-670-0883.



Groups & Programs

Book Group, Afternoon — *2nd Wednesday of each month, 1:30pm, at the home of Louise Buchanan.*

You are welcome to join in the discussion of the book of the month.

Contact Patty Ostendorff, 860-0761, postendorff@msn.com.

Book Group, Evening — *Every other Monday of each month, 7:00pm, alternating at the home of a group member. No meetings during June, July, and August.*

You are welcome to join for the discussion and reading of a non-fiction book.

Contact Emily Siroky, 884-9628, easiroky88@yahoo.com.

Choir — *The Thursday preceding the 2nd Sunday of each month, September - June, 7:00pm, CUUF sanctuary*

The choir sings on special occasions and at least once a month during Sunday services.

Contact Larry Tobiska, at ltobiska@nwi.net or 881-5020; or Kmbris Bond, at kmbris.bond@gmail.com or (541)953-4442.

Circle Suppers and Small Dinners — *Usually two Saturday evenings a month, September - June; July and August as scheduled; 6:00pm, at homes of CUUF members and friends, or at CUUF.* CUUF members and friends are invited to bring a dish to share, and, if desired, a bottle of wine. A great chance to get to know one another better while savoring good food.

Contact Jackie Halter, 664-7032; Emily Siroky, 884-9628.

Covenant Groups — *Various days, times and meeting places.*

Small, supportive groups meet twice a month to reflect and share with each other. CUUF's Covenant Group mission: "To add depth and breadth to our spiritual experience through creating deeper, more meaningful relationships with individuals and building broader, more caring connections to church and community".

If you are interested in learning more or participating in a covenant group, please contact Rev. Laura Shennum.

Men's Group — *Last Wednesday of each month.*

Meeting at a variety of locations and times, as selected by the group, to fit the group's transitory interests.

Contact Larry Tobiska, at ltobiska@nwi.net or 881-5020.

Neighborhood Groups at CUUF!

CUUF is organized into nine neighborhood groups whose purpose is to introduce ourselves to people who live nearby, to build relationships in our congregation and to create mutual support and enjoyment. We join together for coffee, activities, service projects, or whatever the group chooses to do! Come and meet your CUUF neighbors!

To join contact the CUUF Office Assistant at 509-886-4023 or admin@cascadeuu.org !

January 2020



ALL EVENTS ARE HELD IN THE SANCTUARY UNLESS OTHERWISE NOTED.

For details of Sunday mornings and special events, see the newsletter. To schedule an event using CUUF facilities or to include your event on the calendar, contact the office assistant at **886-4023** or admin@cascadeuu.org.
 [] indicate non-CUUF events or Private Rentals [PR]. *Italicized entries indicate they occur off-site.*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
January Sermon Titles Jan 05 —Pancakes & Process Theology Jan 12 —Celebration of Lives Lived Jan 19 —Integrity & Dignity Jan 26 —Self Healing as Sacred Science			1 <i>Happy New Year!</i>	2 6pm Finance Mtg 7pm Covenant Group Meeting	3 10 am Visual Arts Team Décor Change	4
5 10:30am Sunday Service K-5 RE class [3pm Private Rental] [5pm Private Rental]	6 10:00am Covenant Group	7 6pm Ensemble Meeting	8 10:00am Elder Talks 1pm Interfaith Climate 5:30pm Executive Team 6pm Youth Group 6:45pm Soul Matters Small Group	9 7pm Choir Practice	10	11 12pm Worship Practice 1pm Monthly Theme Collaboration 2pm Worship Team Mtg
12 10:30am Sunday Service Share the Plate K-5 RE class [5pm Private Rental]	13 7pm Evening Book Grp	14	15  6pm Youth Group	16 6:30 Board Meeting 7pm Covenant Group Mtg 7:30pm Covenant Group	17	18 5pm Small Dinner (off site)
19 10:30am Sunday Service K-5 RE class 12pm Congregational Talk Joys & Sorrows [5pm Private Rental]	20 10:00am Covenant Group	21 6:30pm Soul Matters Small Group DEADLINE FOR JANUARY NEWSLETTER	22 6pm Youth Group	23 6:30pm Soul Matters Small Group	24 7pm Acoustic Cafe	25
26 10:30am Sunday Service K-5 RE class [5pm Private Rental]	27 7pm Evening Book Grp	28	29 6pm Youth Group	30	31 10 am Visual Arts Team Décor Change	

CUUF Leadership & Staff

CUUF MINISTER

Rev. Laura Shennum

On Sabbatical until April 2020

CUUF INTERN MINISTER

Joel Courtney

575-650-0773 | internminister@cascadeuu.org

CUUF BOARD OF TRUSTEES

boardoftrustees@cascadeuu.org

- Julie McAllister, President 669-0246
- Vern Smith, Vice President..... 860-2008
- Deb Miller, Secretary 750-9707
- Luke Evans, Treasurer 470-1941
- Leslie Marshall..... 670-2957
- LeRoy Farmer..... 669-3941
- Linnea Shannon 206-402-1686

CUUF RELIGIOUS EDUCATION DIRECTOR

Connor Dahlin

612-558-4317 | redirector@cascadeuu.org

CUUF MUSIC DIRECTOR

Kmbris Bond

541-953-4442 | musicdirector@cascadeuu.org

CUUF OFFICE ASSISTANT

Sharon Page

886-4023 | admin@cascadeuu.org

CUUF COMMITTEES AND TEAMS

BOARD COMMITTEES:

BUILDING/ PROPERTY TASK FORCE

- John Marshall Sharon Petit,
- Don Oliver Chris Rader
- Rich Trifletti Doug Taylor

CAPITAL CAPAIGN MANAGEMENT COMMITTEE (CCMC)

- Don Flick, Treasurer and Chairperson
- Steve Clem, Operations Manager
- Luke Evans, CUUF Treasurer,

FINANCE COMMITTEE

- Luke Evans, Treasurer
- Vic Rasmussen
- Jaime Krish

FUNDRAISING COMMITTEE

- Kmbris Bond, Chair, 541-953-4442
- Carol Oliver
- Mary Madsen

GOVERNANCE COMMITTEE

- Ben Knecht, Chair
- Carol Oliver Linda Herrington

NOMINATING COMMITTEE

- Jaime Krish, Chair
- Heather Coonrod

OTHER TEAMS & GROUPS:

BUILDING & GROUNDS TEAM

- Doug Taylor, Chair - 470-6416
- Alex Leslie

CHALICE LIGHTER AMBASSADORS

- Cathy Lau— 886-8583

CONGREGATIONAL LIFE TEAM

- Steve Clem & Kmbris Bond, Co-chairs

GREETERS

- Chris Rader, Chair - 888-0181
- Deborah Bryant Rhonnie Craven
- Barbara Edwards LeRoy Farmer
- Ryan Jacobsen KC Kwak Sandy Limbeck
- Peggy Love Dawn McKenzie
- Eliot Scull Pam Toevs Pat Taylor
- Pat Whitfield Vikki Williams

PACKING FRIENDSHIP

- Teresa Gelb, Chair 663-8240

PASTORAL CARE ASSOCIATES

- { Verna Zuttermeister (Jan-Feb) } Co-
- { Lori Nitchals, Parish Nurse (Mar-April) } Chairs
- Dawn McKenzie Patty Ostendorff
- Betsy Peirce Mary Peterson
- Pat Taylor Louise Rasmussen

VISUAL ARTS TEAM

- Nancy Warner, Facilitator, Chuck Warner
- Emily Siroky Mary Madsen, Lynn Madsen
- Suzanne Sorom Rachel Courtney,
- Martha Flores Rich Trifeletti

WORSHIP TEAM

- Deborah Bryant, & Christina Davitt Co– Chairs
- Steve Clem Jim Bryant Chip Balling
- Deb Miller Kmbris Bond Lynn Madse
- Sharon Page

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The CUUF Link is published monthly.

Newcomers may receive complimentary paper copies for 3 months. Paper subscriptions are free with your annual contribution of \$15 or more. Electronic subscriptions are always free!

To subscribe, contact the CUUF Office Assistant at: 886-4023, admin@cascadeuu.org, or 1550 Sunset Highway N., East Wenatchee, WA 98802.

** If you do not have email and need to receive paper copies of the CUUF Link but a subscription doesn't fit in your current budget, we will happily continue to send the newsletter to you at no cost. Just let the office assistant know.*

Pick up a printed calendar of events at the church's Greeters' table.
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To submit information for the CUUF Link

Contact:

Office Assistant

Phone: 886-4023

Email: admin@cascadeuu.org

Mail: CUUF, 1550 Sunset Highway N., East Wenatchee, WA 98802

Unitarian Universalism

There are seven principles which Unitarian Universalist congregations affirm and promote:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.

Unitarian Universalism draws from many sources:

- * Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- * Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- * Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- * Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- * Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- * Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



Cascade Unitarian Universalist Fellowship

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