

What Can You Do...

You have to decide your comfort level and what you are willing to do. This is a list of ideas. It is not exhaustive and I hope you add to it. – Rev Laura

1. Take a piece of chalk or two and write a message of love and hope others can see.
2. Attend the Community Success Summit on Tues, Nov 15. Visit this site for more details: <http://www.irisncw.org/>
3. Attend the support rally for Standing Rock and protest the North Dakota Pipeline, Tues, Nov 15 at 3:30pm at the former Hastings parking lot at 9th St and Chelan/Mission.
4. Sign up to attend the Café Scholarship Dinner on Fri, Dec 9 or fund a scholarship (<http://www.nwfamilyservices.net/cafe.html>)
5. Take a safety pin and information sheet to indicate you are a safe person.
6. Help serve and eat with the people who are homeless on Thanksgiving Day at the Powerhouse Ministry shelter. Call church for more info.
7. Write a letter to a group of Muslim women in Nebraska that are scared. (See Rev Laura for more information)
8. Get a pack of post it notes and leave messages of love and hope in different public places.
9. Help with the Saturday meal at St Luke's Episcopal Church that feeds people in poverty. (Ask Rev Laura for more information)
10. Volunteer at Lee Elementary school at 15th and Baker or at any school.
11. Participate in a Spanish/English Bilingual class (Let Rev Laura know if interested)
12. Attend Diversity Council Meetings/City Council Meetings/School Board Meetings Or even run for a local office.
13. Practice random acts of kindness.
14. Sit down and have a conversation with someone who you do not know or do not agree with. Try to understand and be learn the deeper story of why they believe what they do.
15. Buy as many as you can Plan B pills (over the counter contraception) and donate them to local shelters.
16. Attend a Spectrum LGBTQ Support Group on the Third Tues (Nov 15) at 6:30pm at CUUF or the Spectrum Game Day on Sat, Nov 19 at 2pm at CUUF.
17. Take a class on anti-racism, anti-oppression.
18. Write a letter to the Safety Valve in the Wenatchee World or respond to one that is promoting hate.
19. Volunteer at the Literacy Council and help with English as a Second Language classes or Citizenship classes.
20. Let people know you care and you are willing to be a support. Don't question their experience, just listen, and walk alongside.
21. Start your own list of what you can do....