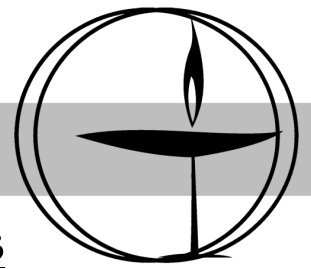


# CUUF Link

Cascade Unitarian Universalist Fellowship



## Our Worship Services

### Traditional Services

Our traditional services begin at 10:30am and end at 11:45am with messages given by Rev. Laura Shennum, guest speakers or members of CUUF. Childcare is available for nursery and preschoolers each Sunday. On the second and fourth Sundays, we have worship for all ages. On the first and third Sundays, children K-5 have religious exploration classes. Please join us for coffee, treats and fellowship immediately following the service.

**Our theme from March 4-11 will be The Senses.  
Our theme from March 18-April 8 will be Hope and Doubt.**

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## March 2018

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### OUR MISSION:

Seek inspiration and understanding,

Embrace all on their individual spiritual journeys,

Serve our local and world communities.

### VISITORS ARE ALWAYS WELCOME!

We affirm the inherent worth and dignity of all people.

We welcome diversity of race, age, abilities, sexual orientation, culture, and religious background.

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### CUUF Minister:

Rev. Laura Shennum  
881-9658  
[minister@cascadeuu.org](mailto:minister@cascadeuu.org)

### RE Director:

Dylan Spradlin  
886-4023  
[redirector@cascadeuu.org](mailto:redirector@cascadeuu.org)

### Office Assistant:

Sharon Page  
886-4023  
[admin@cascadeuu.org](mailto:admin@cascadeuu.org)

### Cascade UU Fellowship

1550 Sunset Highway  
East Wenatchee WA  
98802  
(509) 886-4023  
[www.cascadeuu.org](http://www.cascadeuu.org)

### March 4, 2018

#### *A Touchy, Feely World*

10:30am Service:

Rev. Laura Shennum  
Celebrant: Chris Rader

We all experience touch in different ways. It can be a comfort or it can be a harm. We will explore our relationship with touch and how it affects our relationships with each other.

### March 11, 2018

#### *The Bitter With the Sweet*

10:30am Service

Rev. Elizabeth Stevens  
Celebrant: Deb Miller

Life brings us all a smorgasbord of experiences- joy and sorrow, laughter and tears, pain and beauty. This service will invite us to savor a variety of flavors, while reflecting on the ways we are nourished and strengthened by memories, both good and challenging.

### March 18, 2018

#### *Leaving Scare City Behind*

10:30am Service

Rev. Laura Shennum  
Celebrant: Sharon Page

Fear has the ability to shape our perceptions of the world around us. It can cause us to see scarcity, instead of abundance. We will explore how we shape our perceptions to open up to abundance and leave scarcity behind.

### March 25, 2018

#### *Making Callaloo*

10:30am Service

Rev. Laura Shennum  
Celebrant: Christina Davitt

Join us for a fun story about a village in Trinidad and the Callaloo soup they make to honor their community. We will explore how we make our own form of Callaloo.

## A MESSAGE FROM REV. LAURA SHENNUM

*Holy Curiosity...*



*“Doubt isn't the opposite of faith; it is an element of faith” - Paul Tillich*

*“Hope is the thing with feathers, that perches on your soul,  
and sings the tune without words, and never stops at all.” - Emily Dickinson*

The business of hope and doubt is quite a tricky one. If we focus too much on hope, then labels of idealistic or dreamer become definitions. If we focus too much on doubt, then we have the challenge of even accessing hope. I think there is a healthy balance between the two, maybe we can call it a doubtful hope.

When we hold hope softly and give it a chance to create a desire for us to be co-creators in our world, then we can allow for realistic outcomes to influence our optimism. The same goes for doubt: when we hold it gently, and let it place caution into our ideas about hope, then we allow for multiple opportunities to spring out of the hope we are holding. For instance, our conversations about the future of our CUUF community is an example of how we have held hope and doubt softly. We understand we need more space and we understand the outcome of what that space looks like is still in a matter of doubt or flux. I am proud when our community has the capacity to hold this healthy balance. It reinforces our care for each other and the care for our community.

How does this healthy balance of hope and doubt show up in your life? We will continue to explore this relationship later in March and into early April. I look forward to talking to you more.

In Faith & Love,

*Rev. Laura*



## A MESSAGE FROM OUR BOARD PRESIDENT

### Seek, Embrace, Serve

My dear friends,

It is such a delight to serve as your President and as a member of the Board of Trustees. Please check out the Board update later in this newsletter for the Board's accomplishments and planning from the February Board meeting. Your Board is doing amazing work so please thank them when you see them – Jame-son O'Neil, Jeff Lau, Angela Morris, Julie McAllister, Patty Ostendorff and Vern Smith. Each one brings their own gifts and talents to serve as leaders of this congregation and for that I am grateful!



The Board recently voted on the congregational goals for this coming year's budget and I wanted to highlight them for you:

- ♦ Move staff salaries toward the UUA's mid-range recommendation for our region. Our staff, including our minister, is not yet at the recommended mid-range level. Fair pay for our minister and staff must be a priority for us as we live out our UU values.
- ♦ Increase Religious Education Director presence from 10 to 15 hours per week. While not a large increase in hours, this will allow the Religious Education Director to take on more responsibility for working with families and developing programs.
- ♦ Commission a Ministerial Intern. A Ministerial intern is someone who is in seminary, in the process of becoming a minister. As part of their education, they are placed with a UU congregation for learning and service. Our vibrant, growing congregation is an excellent place for a Ministerial Intern. We can help shape the future of Unitarian Universalist ministry, while benefiting from additional support in worship and programs.
- ♦ Purchase an expandable assisted hearing system. The top disability among Americans is hearing loss and we need to provide hearing assistance for those who need it – both members and visitors.
- ♦ Provide funding for lay leadership development. Investing in our people is critical at this time. It is said that for every UU minister, there should be at least 10 well-trained lay people to assist in worship and programming, not to mention vital committee work, pastoral care and outreach. Let's show our faith in those who share their gifts of leadership and service by training them so that we reap the benefits when they stay to lead us upward and onward.

Yes, those are big goals for this budget, but we recently certified to the UUA (Unitarian Universalist Association) that we have 138 members – fantastic!! I am very confident that we can meet our goals as we are the people we have been waiting for to lead CUUF into the future with our gifts of time, talent and treasure. See you at the Fellowship!

Joining you in our mission to seek, embrace and serve,

*Christina*



# RELIGIOUS EXPLORATION

Greetings!

I don't know about you, but I am fully ready for SPRING! As we transition to a new season, we'll be talking about transitions in Youth Group, and teaching our younger kids about getting involved and taking action to support a cause.

This month our Youth Group will explore the idea of change as a growth experience, reflect upon some of the transitions which occur in our lives, and challenge the way we think of grief and loss. We will explore more deeply the concepts of heaven and hell, death and dying, life after death and near-death-experiences and delve into the idea of After-Death-Communication.

In March we will finish up learning about our 5<sup>th</sup> UU principle begin learning about our 6<sup>th</sup>. Our first session demonstrates how children can affirm and promote our fifth Unitarian Universalist Principle, the right of conscience and the use of democratic process. Participants will learn about our Association's leadership role in contemporary justice issues and the impact Unitarian Universalist children and adults had when they sent thousands of handmade valentines to California governor Arnold Schwarzenegger to promote marriage equality. The group will choose an issue they are concerned about and give voice to their convictions in post-cards or a petition to congregational leaders or government lawmakers. We will add the signpost "Get Involved" to our Faithful Journeys Path.

March 17<sup>th</sup> we will explore the sixth Unitarian Universalist Principle, the goal of world community with peace, liberty, and justice for all. They hear about Adin Ballou, a Universalist Christian pacifist who helped establish the Hopedale Community, where members worked to create a new way of living based on the teachings of Jesus. Participants create peace pin-wheels that represent their hopes for peace in our world. We add the signpost "Make Peace" to the Faithful Journeys Path.

We will also write letters for our pen pals in Ellensburg this month!

Happy Spring!



Dylan

**CUUF BOARD UPDATE**

First of all – fantastic news – we certified to the UUA that we have 138 members. Hooray!

**Board Approved**

1. Charters for Membership, Pastoral Care and Hospitality Teams and a revision to the Finance Committee Charter
2. Contingency Fund: Funding with an investment of 10% of the operating budget up to a full one year's operating budget. We anticipate this will take 12-13 years and we are planning ahead in case of disaster.
3. Values Based Spending Guideline – so that the purchases we make with your dollars that come through CUUF intentionally reflect our values.

**Realtor Update:**

Jeff Lau and Christina Davitt met with a commercial realtor and the Board engaged him to do a three to six-month search for possible church properties. We also sent out letters to all of the local churches asking whether they might have space to share, swap or sell.

**We are actively in budget planning season!**

Your Board has its own line item in the budget to use for activities that board sets as a priority for the coming year. The board viewed a short video with David Marquet, the Navy sub commander and author of “Turn the Ship Around”, which we use in our Leadership Study Group, discussing the importance of investing in people who are in leadership roles. People often say they are reluctant to invest on people – because that is a long-term investment and they are not sure when they will see a return on their investment, if ever? What if we invest in training for our people and they leave? Well, what if they stay? Look around – what if these people here are the people you spend the rest of your church life with here at CUUF? Keeping this in mind, your Board passed a proposal for the board budget line that would prioritize investing in our people by providing as many opportunities as possible for church leaders to receive training.

We talked about moving to a mission-based budget – which is an exciting idea for the future so that how we use your church dollars truly reflects our mission to seek, embrace and serve.

The congregational covenant we've been working is now being shaped and molded by the hands and hearts of our artists, poets and musicians. I am so looking forward to seeing what they come up with!

Lastly, we talked about our plans for the Town Hall Meeting February 25: Six Year Program Goals which came out of extensive congregational input and collaboration.

Please contact me or any of the board members with your questions and comments. Thank you for your support. —Christina Davitt





## A Mission Moment

By Jameson O'Neal

### March Mission Moment:

Within the context of CUUF's mission, I would like to take a moment to recognize how our community has embraced me on my individual journey. As some of you are aware, I have many responsibilities outside CUUF. These engagements include serving on the Wenatchee Diversity Advisory Council, student teaching at Pioneer Middle School, studying as a full-time graduate school student, seasonal wildland firefighting, and learning how to be the best newlywed partner I can be. Throughout all of these endeavors, CUUF has supported me every step of the way. For that, I am extremely appreciative. The relationships I have built with my fellow CUUFers have taught me one valuable lesson; it is important to not just observe the *passage* of time, but to also recognize the *presence* of time in our lives.

Jameson O'Neal

## FELLOWSHIP NEWS

### CIRCLE SUPPERS

Circle Suppers are large potluck dinners held in the homes of Fellowship members and friends. They are a good way to socialize with other friends and members of CUUF while sharing a great meal.

#### March Circle Supper Saturday, March 17 @ 6pm

**Host:** Laurie Riegert  
1213 South Hills Drive  
Wenatchee  
RSVP: 509-741-0426



Please RSVP to the hosts at least one day in advance, then bring a side dish, appetizer or dessert to share with 10-12 people and, if desired, a beverage of choice. Carpooling recommended if possible. Questions: Contact Jackie Halter 860-2978

**Small Dinners**— Small Dinners are potluck dinners for eight people, including host. They are held on Saturday evenings in the homes of CUUF members and friends. Sign up sheets to host or attend are on the red board on north wall at back of sanctuary. Questions: Contact Jackie Halter 860-2978.

#### March Small Suppers Saturday, March 3 @ 6pm

# Attitude of Gratitude

from February 2018 Board Packet

**THANKS!**

**Gracias!**

*Thank you to the following people:*

- ♣ **Chris Rader**—for the delicious lunch you made and served for the Making Connections class.
- ♣ **Jeff Lau** and **Cedar Lau**—for donating and installing the new ceiling light fixture in the CUUF office and for donating and installing the LED lights in the sign outside.
- ♣ **Greeters** —these people make our fellowship so welcoming for new and old.

**Chris Rader**, chair

**Deborah Bryant**

**Barbara Edwards**

**LeRoy Farmer**

**KC Kwak**

**Peggy Love**

**Sandy Limbeck**

**Tracy Maynard**

**Dawn McKenzie**

**Pam Toevs**

**John & Mary Ellen Rundell**

**Eliot and Tina Scull**

**Pat Taylor**

**Pat Whitfield**

**Vikki Williams**

**Merci!**



## Share The Plate – Hand in Hand Immigration Services Sun, March 18

The recipient for February was The Wellness Place and we raised \$581!  
Thank you for your generosity!

The recipient in March will be Hand in Hand Immigration Services.

Hand in Hand is a trusted place where immigrants can get accurate, up-to-date information on the citizenship process, and clarification of their particular requirements for citizenship.

## Adult RE Class

### Popcorn Theology – “Harvest the Power” (Rescheduled from January) Fri, March 23, 6pm to 8pm, CUUF Sanctuary



Let's pop some popcorn and watch a movie! This is a great way to explore theological questions about ethics and morality as well as social justice. This month, we will watch the movie, “Harvest of Empire.” We will be joined by Colectiva Legal De Pueblo in sponsoring this film.

*Harvest of Empire* provides a rare and powerful glimpse into the enormous sacrifices and rarely-noted triumphs of our nation's growing Latino community. The film features present day immigrant stories, rarely seen archival material, as well as interviews with such respected figures as Nobel Peace Prize Laureate Rigoberta Menchú, the Reverend Jesse Jackson, ACLU Executive Director Anthony Romero, Pulitzer Prize-winning writer Junot Díaz, Mexican historian Dr. Lorenzo Meyer, journalists María Hinojosa and Geraldo Rivera, Grammy award-winning singer Luis Enrique, and poet Martín Espada.

## UU Family Group

Friday, March 9 6pm to 8pm

Join us for a family potluck and activities. Please bring a dish to share for the potluck. We will have games for all to enjoy after we enjoy dinner together. All ages welcome.

## NEWCOMER CHAT

Sun, March 18 Noon to 1pm, CUUF Sanctuary

If you are new to the Fellowship or have been visiting and want to learn more, then Newcomer Chats are the perfect opportunity for you to engage with us more. A light lunch and childcare is provided. We take this time to get to know you, share some basic information about our Fellowship, and answer any questions you may have.



**FELLOWSHIP NEWS**

**April 21, 2018 Celebration Dinner “Growing Together”**

**Save the date** for a fun evening of fellowship! Please mark your calendars for the celebration at the Wenatchee Valley Museum on Saturday evening.

All are welcome, including kids of all ages and newcomers to our fellowship – and it’s free! The doors will open at 5:30 for kids’ activities and socializing over drinks and appetizers. A lasagna dinner will be served at 6:15, with meat and vegetarian options, followed by dessert and entertainment. Appetizers and dessert are potluck, so please consider bringing one dish along with beer or wine – lemonade and water will be provided. Entertainment will be provided by CUUF members. Please contact Chris Rader if you’d like to perform: 888-0181, [crader@nwi.net](mailto:crader@nwi.net). We would love to have help setting up and preparing the dinner; volunteers please contact Leslie Marshall at 670-2957, [lmarshall@ncrl.org](mailto:lmarshall@ncrl.org). To sign up call or email event coordinator Nancy Warner at 881-1812 or [nwarner@applecapital.net](mailto:nwarner@applecapital.net).



**No matter how young or old you are,  
Go ahead and break out your dancing  
shoes and come join the fun!**



**MARCH 31, SAT. 7PM**

**@ Beehive Grange**

4593 Squilchuck Rd,  
Wenatchee, WA 98801-9484

**Let’s have some fun!**

**With a social time and dance too!**

Bring your family, invite your friends, and come spend an evening with your CUUF friends. There will be some snacks and beverages provided by the Fundraising Committee but you are invited to bring a snack to share. Music will be provided by DJ’s Steve Clem and Kmbris Bond. Dance instruction led by Chelan’s awesome Jen Phillips.

**Fun for the whole family, whether you dance, OR NOT!**

**DANCE**

Instruction provided!

Email 2 song suggestions to  
[Kmbris.bond@gmail.com](mailto:Kmbris.bond@gmail.com)

Bring a **SNACK** to share.

Suggested donation,  
**\$5 each or \$10 / Family**

Laugh with  
your friends!

## BUDDHISTS' CORNER

### Showing Up

#### Sharon Meho Petit and Todd Daiko Petit

On March 17 I will officially be given the title of Sensei or Zen teacher by Rev. Genjo Marinello, abbot of my Zen temple, Chobo-Ji. It is a formality in recognition of a role that I long ago assumed when Daiko and I became the leaders of the CUUF Zen Meditation Group in 2004 after the founding teacher, Douglas Ray, left. I have earned the position and now the title by simply showing up.



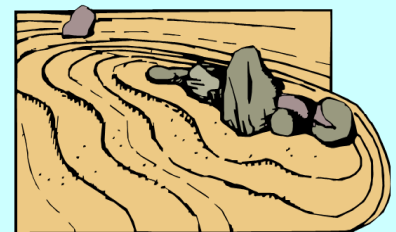
As we yet again live through another mass shooting, which sees 17 more beautiful children dead, I find it challenging to show up and do the next thing. In fact, that is really the only thing we can do, show up and do what is right in front of us, at **THIS VERY MOMENT**.

I never wanted to get up early on those Saturday mornings when I opened an empty church building and got out the cushions to welcome anyone who showed up for beginning Zen classes. Sometimes there was only one or two people, but it was important to be there for them. Once it was a woman walking across CUUF property heading for the river, depressed and with thoughts of dying on her mind. She noticed the open door and the sign and walked into the church, where I helped her get settled on a cushion. As I gave instruction on how to meditate and we settled in, she began to cry. I held her in silence for a short while and then rang the bell and clapped the clappers. Then I asked her about her tears. She told me about a lost love and being far from her home in Europe. She thanked me for being there and said, "You saved my life." She got up at end of our time and bowed, saying she was returning home to her country. The truth is I did nothing extra-ordinary. I simply showed up.

Zen practice is all about showing up in our own life, we sit in silence to find our True Selves, that part of ourselves beyond the Big Bang, that is, in Genjo's words, the Great Multi-dimensional Universe showing up as you and me. And as our CUUF maple tree. I am not special, Genjo is not special, Thich Nhat Hanh and the Dalai Lama are not special. We are here to get you to show up in *YOUR* life and the often hard work of doing the next thing that only you can do. That is how we can benefit all beings.

I invite you to come to the Zen retreat with Genjo Marinello Roshi on Saturday, March 17<sup>th</sup> (St Patrick's Day), beginning at 10:00 am and ending at 3:30 pm. The retreat will be held at the First United Methodist Church, 941 Washington Street in Wenatchee. My Sensei (teacher) ceremony will be after the end of Sesshin with a reception to follow. Details will be available in the next few weeks. You may also join us any Wednesday at 5:30 pm for practice.

|                    |                                       |
|--------------------|---------------------------------------|
| Morning Meditation | 9:00 am (setup)- Sit 9:30 to 10:15 am |
| Zen                | 5:30 pm to 6:30 pm                    |
| Tibetan            | 6:30 pm to 7:30 pm                    |



**Sharon Petit, [shayknight@charter.net](mailto:shayknight@charter.net) or 509-670-883**



Pacific Western  
Region



PWR 2018 Regional Assembly

## Stories of Hope, Courage, Resistance, and Resilience April 27-29, 2018 - Lloyd Center DoubleTree in Portland, OR.

### Register now!

Keynote speaker on Saturday, April 28, will be Congresswoman Pramila Jayapal. Jayapal is the first Indian-American woman to be elected to the U.S. Congress. Before being elected to represent Washington State's 7th District in 2016, Congresswoman Jayapal was an immigration and labor activist in Seattle.

Worship service on Sunday, April 29, will be led by the Rev. Vanessa Rush Southern, Senior Minister at the [First Unitarian Universalist Society of San Francisco](#). She is also the author of the UUA meditation manual [Miles of Dream](#).

*Note: Previously the Sunday morning speaker was to have been Rev. Dr. William Barber, but he had a personal obligation emerge that created a scheduling conflict.*

Rev. Susan Frederick-Gray, the newly elected president of the Unitarian Universalist Association, will speak to us to share her emerging vision for the future of the UUA and our wider movement.

### Regional Assembly is for the Whole Family!

[The PWR Regional Assembly in Portland, Oregon](#) (April 27-29) has something for people of every age. In addition to the main programs for adults, we'll have a [UU Kids Camp for ages 5-14](#), a [Youth Assembly for ages 14-18](#), and [high-quality childcare for infants to age 4](#). Families can spend time together, too, sharing the experiences of the opening ceremony, the Sunday morning worship, mealtimes, and more. Because of our UU commitment to including children and youth, the PWR is covering much of the cost of the programs for young people. The registration fee is just a portion of what it costs for these engaging, inclusive, and faith-building programs.

The Pacific Western Regional Assembly promises to be an experience that deepens UU identity and fosters hope and resilience in people of all ages. [Register now and join us](#) in Portland this spring!

### Registration Fees

- Adult: **\$162** available through January 31 (Early Bird). Beginning February 1, \$180.
  - Young Adults (18-35) or Ministerial Aspirants, Retired Ministers & Partners: **\$120**
  - Youth (ages 14-18 AND in high school or equivalent): **\$90**
  - Child (ages birth-14): **\$30** Should be included on their parent/guardians' online registration.
- Walk-in (adults-only): **\$180**. No guarantee of meals. Minors cannot be accommodated without advance registration.

**Fees include:** All programming Friday night through Sunday noon; Saturday breakfast, lunch and dinner; Sunday breakfast.

# WAKE NOW OUR VISION

COLLABORATIVE CAMPAIGN

*Legacy Challenge*

## We are Unitarian Universalists. Together, we can change the world.

WELCOME TO A MOVEMENT that calls you to put more faith in yourself, your community, and your world.

We invite you to join us in the Wake Now Our Vision (WNOV) Collaborative Campaign Legacy Challenge. Simply put, our goal is to support one another in our work, so that we might become better, stronger, more effective institutions and congregations, capable of sharing our talents and expertise in the service of liberal religion.

The Legacy Challenge will strengthen the future of Unitarian Universalism through planned giving. You can help. Your planned gifts support our institutions and congregations in bringing people together and standing up for love and justice. Plus, thanks to a generous grant from the UU Congregation at Shelter Rock, new legacy gift intentions designating one or more of the WNOV partner institutions, or a UU congregation or fellowship, are eligible for a 10% matching cash gift, up to \$10,000.

# 10%

Your gift will be matched. A matching donation of 10% (up to \$10,000) will be made now to the UU organizations you designate.

Have a Question? I Can Help.

Laura Randall, Legacy Campaign Director | [lrandall@uua.org](mailto:lrandall@uua.org) | (617) 948-6511



The information contained herein is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor. Figures cited in examples are for hypothetical purposes only and are subject to change. References to estate and income taxes include federal taxes only. State income/estate taxes or state law may impact your results.



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# Groups & Programs

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**Book Group, Afternoon** — *2<sup>nd</sup> Wednesday of each month, 1:30pm, at the home of Louise Buchanan.*

You are welcome to join in the discussion of the book of the month.

Contact Patty Ostendorff, 860-0761, [postendorff@msn.com](mailto:postendorff@msn.com).

**Book Group, Evening** — *Every other Monday of each month, 7:00pm, alternating at the home of a group member. No meetings during June, July, and August.*

You are welcome to join for the discussion and reading of a non-fiction book.

Contact Emily Siroky, 884-9628, [easiroky88@yahoo.com](mailto:easiroky88@yahoo.com).

**Choir** — *Thursday preceding the 2<sup>nd</sup> Sunday of each month, September - June, 7:00pm, CUUF sanctuary*

The choir sings on special occasions and at least once a month during Sunday services.

Contact Larry Tobiska, at [ltobiska@nwi.net](mailto:ltobiska@nwi.net) or 881-5020; or Kmbris Bond, at [kmbris.bond@gmail.com](mailto:kmbris.bond@gmail.com) or (541) 953-4442.

**Circle Suppers and Small Dinners** — *Usually two Saturday evenings a month, September - June; July and August as scheduled; 6:00pm, at homes of CUUF members and friends, or at CUUF.*

CUUF members and friends are invited to bring a dish to share, and, if desired, a bottle of wine. A great chance to get to know one another better while savoring good food.

Contact Jackie Halter, 664-7032; Emily Siroky, 884-9628.

**Covenant Groups** — *Various days, times and meeting places.*

Small, supportive groups meet twice a month to reflect and share with each other. CUUF's Covenant Group mission: "To add depth and breadth to our spiritual experience through creating deeper, more meaningful relationships with individuals and building broader, more caring connections to church and community".

If you are interested in learning more or participating in a covenant group, please contact Rev. Laura Shennum.

**Men's Group** — *Last Wednesday of each month.*

Meeting at a variety of locations and times, as selected by the group, to fit the group's transitory interests.

Contact Larry Tobiska, at [ltobiska@nwi.net](mailto:ltobiska@nwi.net) or 881-5020.

**Neighborhood Groups at CUUF!**

CUUF is organized into nine neighborhood groups whose purpose is to introduce ourselves to people who live nearby, to build relationships in our congregation and to create mutual support and enjoyment. We Join for meals, activities, service projects, or whatever the group chooses to do! Come and meet your CUUF neighbors!

Contact our Neighborhood Groups Coordinators to join!

Carol & Don Oliver can be reached at 509-679-3308 or email Carol at [clh.oliver@gmail.com](mailto:clh.oliver@gmail.com)

or Don at [don62oliver@gmail.com](mailto:don62oliver@gmail.com)

or the Office Assistant at 509-886-4023 or [admin@cascadeuu.org](mailto:admin@cascadeuu.org)

**UU Family Group** — *2<sup>nd</sup> Friday of the month, September—June, 6:00pm to 8:30pm*

Join us for a family potluck at the church.

Then, children will move to their own activities while parents have a discussion. Please bring a dish to share.

This group is facilitated by Rev. Laura Shennum.



# March 2018



ALL EVENTS ARE HELD IN THE SANCTUARY UNLESS OTHERWISE NOTED.

For details of Sunday mornings and special events, see the newsletter. To schedule an event using CUUF facilities or to include your event on the calendar, contact the office assistant at 886-4023 or [admin@cascadeuu.org](mailto:admin@cascadeuu.org).

[ ] indicate non-CUUF events or facility rentals. *Italicized entries indicate they occur off-site.*

| Sun   | Mon  | Tue   | Wed  | Thu  | Fri   | Sat  |
|---|--|---|--|--|---|--|
| <b>March Sermon Titles</b><br><b>Mar 04</b> —Reasoning Away Our Senses<br><b>Mar 11</b> —Celebrating Sensitivity<br><b>Mar 18</b> —Losing Our Senses<br><b>Mar 25</b> —Wired for Sound & Sight                            |  |   | <i>Noon</i><br>Every Tuesday<br>Is Deadline<br>For Order Of<br>Service                             | 1<br><b>6:30pm</b><br>Worship Team<br>Prep<br><br><b>7pm</b> Covenant<br>Group Meeting   | 2   | 3<br><br><b>9:00 am</b><br>UU Navigators<br>Class                          |
| 4<br><br><b>10:30am Sunday Service</b><br>RE K-5th Class<br>[3:30pm Private Rental]   | 5<br><br><b>10:00 am</b><br>Covenant Group   | 6<br><br><b>11:30 am</b><br>Covenant<br>Group Meeting<br><br><b>7pm</b> Covenant<br>Group Meeting | 7<br><br>NO<br>Minister's<br>Coffee House<br>Mela-Wen<br><br><b>6pm</b> Youth<br>Group             | 8<br><br><b>7pm</b> Choir<br>Practice  | 9<br><br><b>6pm</b><br>UU Family<br>Group   | 10   |
| 11<br><br><b>10:30am Sunday Service</b><br><i>12:30pm The Challenge of<br/>                     Jesus (offsite)</i><br>[4pm Private Rental]   | 12<br><br><b>8:30am</b> DM<br>Clearness Circle<br><b>11:30am</b><br>Pastoral Care Team<br><b>12pm</b> Transylvania<br>Conversation | 13<br><br><b>6:30</b><br>Board Meeting  | 14<br><br><b>12—3pm</b><br>Minister's<br>Coffee House<br>Mela-Wen<br><br><b>6pm</b> Youth<br>Group | 15<br><br><b>7pm</b> Worship<br>Music Team<br>Building<br><br><i>7pm</i> Covenant<br>Group Meeting<br><b>7:30pm</b> Covenant<br>Group Meeting  | 16<br><br><b>10:30am</b><br>UU Explorers<br><br>DEADLINE FOR<br>APRIL<br>NEWSLETTER | 17<br><br><b>9am</b><br>UU Explorers 2<br><br><b>6 pm</b><br>Circle Supper |
| 18<br><br><b>10:30am Sunday Service</b><br>RE K-5th Class<br><b>Share the Plate</b><br><b>12:30pm</b> Newcomer's Chat<br><i>12:30pm The Challenge of<br/>                     Jesus (offsite)</i><br>[4pm Private Rental] | 19<br><br><b>10:00am</b><br>Covenant Group<br>Meeting  | 20<br><br><b>11:30 am</b><br>Covenant<br>Group Meeting  | 21<br><br><b>12—3pm</b><br>Minister's<br>Coffee House<br>Mela-Wen<br><br><b>6pm</b> Youth Group    | 22<br><br><b>6pm</b> Finance<br>Committee mtg  | 23<br><br><b>6pm-8pm</b><br>Adult Popcorn<br>Theology                               | 24   |
| 25<br><br><b>10:30am Sunday Service</b><br><b>12pm</b> Worship Team Mtg<br><i>12:30pm The Challenge of<br/>                     Jesus (offsite)</i><br>[4pm Private Rental]   | 26   | 27<br><br><i>Noon</i><br>Every Tuesday<br>Is Deadline<br>For OOS                                  | 28<br><br><b>12—3pm</b><br>Minister's<br>Coffee House<br>Mela-Wen<br><b>6pm</b> Youth Group        | <b>Minister's Coffee<br/>                     House Locations:<br/>                     Mela Coffee Roasting Co.<br/>                     17 N Wenatchee Ave,<br/>                     Will be at this location<br/>                     every week until<br/>                     further notice.</b> |   | 31<br><br><b>7pm</b><br>Community<br>Dance at<br>Bee Hive Grange           |



# CUUF Leadership & Staff

**CUUF MINISTER**

Rev. Laura Shennum

881-9658 | minister@cascadeuu.org

**CUUF BOARD OF TRUSTEES**

- Christina Davitt, President ..... 393-9467
- Jameson O’Neal, Vice President ..... 293-3086
- Jeff Lau, Treasurer ..... 886-8583
- Angela Morris, Secretary ..... 667-1345
- Patty Ostendorff..... 860-0761
- Julie McAllister.....669-0246
- Vern Smith.....860-2008

**CUUF RE DIRECTOR**

Dylan Spradlin

886-4023 | redirector@cascadeuu.org

**CUUF OFFICE ASSISTANT**

Sharon Page

886-4023 | admin@cascadeuu.org

**CUUF COMMITTEES AND TEAMS**

**BOARD COMMITTEES:**

**FINANCE COMMITTEE**

- Jeff Lau, Treasurer
- Luke Evans
- Paige Balling
- Laurie Rippon
- Mark Seman
- Steve Clem
- Rev. Laura Shennum

**FUNDRAISING COMMITTEE**

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- Carol Oliver
- Kmbris Bond
- Luke Rummell
- Heather Seman

**GOVERNANCE COMMITTEE**

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- Carol Oliver
- Jaime Krish

**NOMINATING COMMITTEE**

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- Heather Coonrod
- Mary Ellen Rundell

**OTHER TEAMS & GROUPS:**

**BUILDING & GROUNDS TEAM**

- Doug Taylor, Chair - 470-6416
- Don Oliver

**CUUF COMMITTEES AND TEAMS (continued)**

**CHALICE LIGHTER AMBASSADORS**

Cathy Lau– 886-8583

**GREETERS**

- Chris Rader, Chair - 888-0181
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- Barbara Edwards
- LeRoy Farmer
- KC Kwak
- Peggy Love
- Sandy Limbeck
- Tracy Maynard
- Dawn McKenzie
- Pam Toevs
- John Rundell
- Mary Ellen Rundell
- Eliot Scull
- Pat Taylor
- Pat Whitfield
- Vikki Williams

**MEMBERSHIP TEAM**

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- Sharon Page
- Dawn McKenzie
- Sandy Limbeck
- Rev. Laura Shennum

**PACKING FRIENDSHIP**

Teresa Gelb, Chair 663-8240

**PASTORAL CARE ASSOCIATES**

- Lori Nitchals, Parish Nurse
- Carol Oliver
- Patty Ostendorff
- Betsy Peirce
- Pat Taylor
- Leroy Farmer
- Jess Mills
- Verna Zuttermeister

**RELIGIOUS EXPLORATION**

Dylan Spradlin, RE Director

**SOCIAL ACTION TEAM**

Toni Graf, Chair 253-468-6744

**WORSHIP TEAM**

- Deborah Bryant, Chair
- Jim Bryant
- Chip Balling,
- Paige Balling
- Christina Davitt
- Rev. Laura Shennum
- Deb Miller
- Sharon Page
- Pam Toevs
- Lynn Madsen
- Steve Clem

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Pick up a printed calendar of events at the church's Greeters' table.  
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**To submit information for the CUUF Link**

Contact:

Office Assistant

Phone: 886-4023

Email: [admin@cascadeuu.org](mailto:admin@cascadeuu.org)

Mail: CUUF, 1550 Sunset Highway N.,  
East Wenatchee, WA 98802

## Unitarian Universalism

*There are seven principles which Unitarian Universalist congregations affirm and promote:*

- \* The inherent worth and dignity of every person;
- \* Justice, equity and compassion in human relations;
- \* Acceptance of one another and encouragement to spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.

### Unitarian Universalism draws from many sources:

- \* Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- \* Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- \* Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- \* Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- \* Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- \* Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



## Cascade Unitarian Universalist Fellowship

1550 Sunset Highway N.  
East Wenatchee, WA 98802