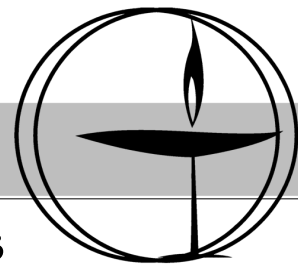


# CUUF Link

Cascade Unitarian Universalist Fellowship



January 2018

## OUR MISSION:

**Seek** inspiration and understanding,

**Embrace** all on their individual spiritual journeys,

**Serve** our local and world communities.

## VISITORS ARE ALWAYS WELCOME!

We affirm the inherent worth and dignity of all people.

We welcome diversity of race, age, abilities, sexual orientation, culture, and religious background.

## CUUF Minister:

Rev. Laura Shennum  
881-9658  
[minister@cascadeuu.org](mailto:minister@cascadeuu.org)

## RE Director:

Dylan Spradlin  
886-4023  
[redirector@cascadeuu.org](mailto:redirector@cascadeuu.org)

## Office Assistant:

Sharon Page  
886-4023  
[admin@cascadeuu.org](mailto:admin@cascadeuu.org)

## Cascade UU Fellowship

1550 Sunset Highway  
East Wenatchee WA  
98802  
(509) 886-4023  
[www.cascadeuu.org](http://www.cascadeuu.org)

## Our Worship Services

### Traditional Services

Our traditional services begin at 10:30am and end at 11:45am with messages given by Rev. Laura Shennum, guest speakers or members of CUUF. Childcare is available for nursery and preschoolers each Sunday. On the second and fourth Sundays, we have worship for all ages. On the first and third Sundays, children K-5 have religious exploration classes. Please join us for coffee, treats and fellowship immediately following the service.

### Our January theme is Nurturing Humanity

January 7, 2018

#### Nurturing Healthy Sexuality

10:30am Service:

Rev. Laura Shennum

Celebrant: Lynn Madsen

People are physical, emotional, intellectual, and spiritual beings. We honor these in many ways. Often, we forget and try to ignore we are sexual beings as well. In this time of more and more #MeToo stories coming to light, how do we find a way to nurture healthy sexuality in our lives and in our communities?

January 14, 2018

#### Let Justice Roll On Like a Mighty River

10:30am Service

Speakers: Steve Clem/Deb Miller

*"True peace is not merely the absence of tension; it is the presence of justice."*—Rev. Dr. Martin Luther King, Jr. As we continue our exploration of *nurturing humanity*, we turn to Rev. King's life and work towards justice and equality for all as inspiration for lives guided by Unitarian Universalist principles. Join us for this multigenerational service to honor Rev. King and renew commitments to social justice.

January 21, 2018

#### Our Life Journey

10:30am Service

Share the Plate

Rev. Laura Shennum

Celebrant: Chris Rader

In the story "The Giving Tree," the tree gives the boy everything it has to help the boy, including its life. We will explore how this story can be re-written to empower the boy and the tree throughout their life journey. We will look deeper into how this informs us in nurturing each other.

January 28, 2018

#### Nurturing Humanity Through Acts of Kindness

10:30am Service

Rev. Laura Shennum

Celebrant: Sharon Page

Sometimes it is the small things we do which impact people's lives the greatest. This morning, we will cultivate together practices to offer kindness to others in times of joy and pain.

## A MESSAGE FROM REV. LAURA SHENNUM

*Holy Curiosity...*

*“At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.” - Albert Schweitzer*



When I think of nurturing humanity, I think of what are the ways we help each other reach our full potential. How do we make room for everyone to feel loved? This means looking for ways to offer kindness; for ways to create a healthier society; for ways to treat each other with respect; and for ways to increase equity and equality for all. We will explore these ideas throughout our upcoming month.

One of the ways we care for each other is in our worship, specifically with our Joys and Sorrows. Recently, this specific ritual has taken up to 25 minutes of our worship time. The worship team and I are struggling to ensure we honor this space in our worship as well as honor those who have prepared elements of our worship service. We have had to shorten sermons or cancel music and this causes a gap in the message for that day. It causes worship leaders to feel stressed and creates discomfort for any guest speakers.

We have started to ask people to line up to speak as well as be mindful of how long they speak. We know this is an important way to connect and care for each other. However, if we are truly taking the time to care for each other and nurture our community, then we also need to be mindful of those who have prepared the service. I ask you keep this in mind on Sunday mornings, not as a way to limit your sharing, but as a way to be intentional about your sharing.

These are the blessings we have to struggle with as we grow and continue to nurture our community. If you are finding a need to connect with others on a more regular basis, then please be sure to check out the description of covenant groups and clearness circles found in this newsletter.

In Faith & Love,

*Rev. Laura*



## A MESSAGE FROM OUR BOARD PRESIDENT

### **Seek, Embrace, Serve**

My fellow UUs,

Happy New Year! I am so looking forward to this next year with all of you as we plan and grow, worship and work together. We received the Financial Feasibility Study report from Kay Crider. It was emailed out, and printed copies are also available at the church. The report is very positive and lays out a potential course of action for us. After reviewing and discussing the report, the board envisions proceeding with the recommendations laid out on page 17:



- We will be asking the Architectural Task Force to go back to the architect to modify the facility plans to give us options for phase 1 that would fall within the projected capital campaign budget from the report; and
- We believe we should also engage with a local realtor who would continuously monitor the local commercial real estate market for potential church locations that may come available for purchase.

We look forward to engaging in discussion with you at a town hall style meeting on Sunday January 21st after the service. Please review the report and plan to attend this meeting to share your thoughts, questions, and concerns.

It is exciting to finally have some specifics, as it relates to improving our programming and facilities. We hope that everyone is energized and will remain engaged in this process over the upcoming months. I recently heard a quote from Julia Ward Howe, one of our Unitarian ancestors, who said, "I am confirmed in my division of human energies. Ambitious people climb, but faithful people build." I know in my soul that we are a faithful people. I have no doubt that together, we will continue to improve our fellowship, enrich our programs, and build our spiritual home. May it be so.

Yours in Beloved Community,

*Christina*

### CUUF BOARD UPDATE

The Board met in regular session on December 11, 2017 and in a special session on December 14, 2017 for a discussion of the Financial Feasibility Study Report. Jameson O'Neil presented an update from the Safety Plan Review Committee, which is working on an overall safety plan for the congregation to include reaching out to local law enforcement for advice. With help from both Angela Morris and Jameson O'Neill, past CUUF president Rebecca Lyons has gathered together what has been called the "strongest Stewardship Committee ever" to begin work on the Stewardship Campaign. Thank you all! Also, thank you to the three people who volunteered to work on our Congregational Covenant and more help would be appreciated.

Jeff Lau and the Finance Committee will work on a policy that addresses situations in which a committee/team has a change in their requested budget amount and would like to use leftover funds for a project or expense that was not in the original budget plan. The Board will work on Open Questions to engage the congregation in thoughtful discernment on an ongoing basis.

The Board reviewed in depth the results of the Financial Feasibility Study Report and has decided to hold a Town Hall meeting on Sunday January 21 at noon so that the entire congregation could come together and fully discuss the report. The Report was emailed out to the congregation and copies are also available at CUUF.

### A Mission Story

By Jameson O'Neal

When asked to share a good story of fulfilling our mission to seek, embrace, and serve, the first factor that comes to mind is serving others through outreach. More poignantly, we don't always know the details of someone's life after we have provided outreach to them. I believe all Unitarian Universalists would agree with the statement that it's just as important to recognize the known details of our outreach as well as the unknown details of our outreach. Since it is difficult to recognize and uplift the unknown details of our outreach, I have created a fictional short story that is linked to one of CUUF's outreach groups.

A few drops of October rain landed on Edgar just before he entered the front door. He kicked off his tread balding sneakers and shuffled into the kitchen.

"Hey Eddie, how was school today?" A hoarse voice boomed from an adjacent room.

"It was okay, mom."

Edgar's mom walked into the kitchen and said, "Why was it only okay? It's Friday and now we've got the whole weekend together."

"Well," Edgar started, "Everything was okay until a little while ago when my tummy started grumbling and hurting."

Edgar's mother replied, "Maybe if you go lie down then you'll start feeling better."

Edgar looked in the pantry. "I just want something to eat first."

"I'm sorry," Eddie's mom shrugged, "All we have is chips. But I'm going to the grocery store on Monday."

Eddie turned to his mother. "Why can't we go grocery shopping today?"

Eddie's mom knelt to his eye level. "Because there are special stamps I can use to buy the food with but I won't get them until after this weekend."

"It's okay mom," said Edgar. "I just remembered that I have some food in my backpack from earlier today."

Edgar unzipped his bag and pulled out a brown paper sack he had received from his teacher, which the teacher had received from Packing Friendship. "I'll share with you mom. We can eat together," said Edgar as he unpacked his paper sack.

Edgar's mom smiled.

### Treasurer's Note

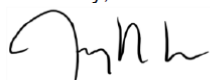
Recently I sent out individual contribution statements with a detailed listing of your giving from January 1st to December 10th, 2017. If you made a pledge for 2017-18 the information will be summarized near the bottom of the statement. Please remember our fiscal year ends on June 30, 2018 and you have a little over 6 months to complete payments.

I will send another contribution statement to you within the next month to assist in preparing your 2017 tax return. If you itemize deductions please consider the impending change in tax law and plan accordingly. Congress is currently considering an increase in the standard deduction which may make paying your pledge before the end of December more advantageous. Please consult your tax advisor to assist you in determining if this strategy will benefit you.

Below you will find summarized financial statements for November 2017. For more detail please click on the Board Packet link provided with the newsletter email.

Thank you for supporting Cascade Unitarian Universalist Church. You may contact me with any questions at (509) 886-8583 or email [jrlau@earthlink.net](mailto:jrlau@earthlink.net).

Sincerely,



Treasurer

#### Cascade Unitarian Universalist Fellowship

#### Balance Sheet

Consolidated - November 2017

	Current Year	Previous Year
<b>ASSETS</b>		
Cash & Investments	\$110,542	\$110,759
Land and Building	606,129	606,129
<b>TOTAL ASSETS</b>	<b>\$716,696</b>	<b>\$716,913</b>
<b>LIABILITIES</b>		
Current Liabilities	830	514
Mortgage	169,818	173,716
<b>TOTAL LIABILITIES</b>	<b>170,648</b>	<b>174,230</b>
<b>TOTAL EQUITY</b>	<b>546,048</b>	<b>542,683</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$716,696</b>	<b>\$716,913</b>

#### Income and Expense Statement

Consolidated - November 2017

	Current Period	Current Budget	Year to Date	Year to Date Budget	YTD Budget Difference	Annual Budget
<b>TOTAL INCOME</b>	\$ 14,648	\$ 16,804	\$ 81,475	\$ 82,847	\$ (1,372)	\$196,400
<b>TOTAL EXPENSES</b>	13,712	15,925	73,492	86,123	(12,631)	196,400
<b>EXCESS INCOME\EXPENSES</b>	\$ 936	\$ 879	\$ 7,983	\$ (3,276)	\$ 11,259	\$ -

#### OTHER FINANCIAL NEWS

Service Auction Total—\$1335

#### History of Pledges Collected by Dec-19

2015	2016	2017
41%	57%	46%

# RELIGIOUS EXPLORATION

Greetings!

As I write this, I am in the midst of the flurry of special activities for the holidays! The Youth Group is presenting the Service of Light on Christmas Eve morning. It's truly going to be magical and I hope you choose to come! Because they have been working so hard this month, the original plan for sessions has been shifted to January. In January, the youth will be discussing their ideas about God, and finding out what other congregants in our fellowship feel about God by taking a poll and interacting with the adults in their community, either on a Sunday or by phone or email. Please be ready to respond promptly if you are contacted by one of our youth! The youth will develop a creative way to report their findings with you!

RE has been actively developing the Faithful Journey's Action Club, chosen a project to work on, and you will be hearing about that this month as well.

January's RE classes, the kids will learn about and experience our third Unitarian Universalist Principle, acceptance of one another and encouragement to spiritual growth. Children find their own individual gifts and interests affirmed as the group explores a variety of spiritual practices from singing to making a Zen garden. We'll continue with a contemporary story about Aisha, a pagan Unitarian Universalist girl, who celebrates the harvest holiday Lammas at a peace rally. During the celebration, she finds the courage to take the stage and lend her voice to the gathering.

Participants learn a concept of "magic" based on focusing one's energy on purposeful, positive action to change the world in a positive way. We discuss ways our spiritual practices, such as the pagan practice of magic, lead us to involvement and faithful action in the world. We add the signpost "Create Magic" to our Faithful Journeys Path.

The magic from the holidays continues into January! As it should continue every day of the year!

Happy New Year, here's to magic and service in 2018!

Dylan



# Attitude of Gratitude

from December 2017 Board Packet

THANKS!

*Thank you to the following people:*

Gracias!

**Larry Savage**.....thank you for the chili you made and the delicious chocolate cake for our board meeting.

**Christina Davitt**.....thank you for providing lunches for the Congregational Covenant Workshop and the PNWD Board Workshop which included 2 other congregations as well.

**Luke Evans**.....thank you for accepting the assistant treasurer role with looking ahead to being the Treasurer for 2018-19.

**Nancy Warner**.....thank you for being the Stewardship Committee Publicity Chair with the help of **Diane Mckenzie**.

**Don Flick**.....thank you for being the Stewardship Mentor.

**Leslie Marshall**.....thank you for being the Event Food Coordinator.

Merci!

**Chris Rader**.....thank you for being the Event Entertainment Coordinator with the help of **Vern Smith, Kmbris Bond, and Steve Clem**.

Thank you to **All** who helped with the Service Sunday program.

Thank you to these people who helped with the dishwasher installation: **Vern Smith, Don Oliver, Luke Evans, and Doug Taylor**.

Thank you to these people who raked leaves at CUUF: **Chris Rader, Dawn McKenzie, Tina and Eliot Scull, Doug Taylor, Larry Tobiska, Alex Leslie, and LeRoy Farmer**.



## Share The Plate – Children's Home Society

Sun, Jan 21

The recipient in January will be Children's Home Society

The recipient for December was CAFÉ: Community Advancement for Family Education and we raised \$1,164. In addition, we adopted 9 families from within our congregation and the larger community to provide gifts for their holiday celebrations. We also provided warm clothing for the students at Lee Elementary. Thank you so much for your generosity!

## Adult RE Class

Popcorn Theology – “Harvest the Power”

Fri, Jan 26, 6pm to 8pm, CUUF Sanctuary



Let's pop some popcorn and watch a movie! This is a great way to explore theological questions about ethics and morality as well as social justice. This month, we will watch the movie, “Harvest of Empire.” We will be joined by Colectiva Legal De Pueblo in sponsoring this film.

*Harvest of Empire* provides a rare and powerful glimpse into the enormous sacrifices and rarely-noted triumphs of our nation's growing Latino community. The film features present day immigrant stories, rarely seen archival material, as well as interviews with such respected figures as Nobel Peace Prize Laureate Rigoberta Menchú, the Reverend Jesse Jackson, ACLU Executive Director Anthony Romero, Pulitzer Prize-winning writer Junot Díaz, Mexican historian Dr. Lorenzo Meyer, journalists María Hinojosa and Geraldo Rivera, Grammy award-winning singer Luis Enrique, and poet Martín Espada.

## UU Family Group

Friday, Jan 12 6pm to 8pm

Join us for a family potluck and activities. Please bring a dish to share for the potluck. We will have games for all to enjoy after we enjoy dinner together. All ages welcome.

## Covenant Groups/Clearness Circles

We have two small group programs available at Cascade UU.

The first is our Covenant Group program. This is a program for groups of 6-8 people, who meet regularly to explore topics as well as listen to each other in deep ways. The groups typically have a check-in, reflection, and a sharing of beliefs/thoughts on the offered reflection. These are not groups to offer counseling or advice. Rather they are meant to deepen listening to others as well as develop your own truth and meaning.

The second program is our Clearness Circles. These are based on the work of Parker Palmer and the idea each of us has an inner wisdom. The groups meet monthly to listen deeply to each other and help each other to tap into that inner wisdom. The groups are structured in a way where each person gets 15 minutes to explore a question or topic in their life while others listen. Others then ask questions to assist the person to find the answers within themselves. Group sizes range between 3-4 people. If you have a discomfort with holding silence, these groups will help you grow in that area.

If you are interested in either of these groups, then please contact Rev. Laura at [minister@cascadeuu.org](mailto:minister@cascadeuu.org) or 509-881-9658 and she can connect you to already formed groups or create a new group for you to participate in.



## MEMBERSHIP NEWS



### **Come One - Come All! To Our Town Hall Meeting Sunday January 21 at Noon at CUUF**

We are Discerning Our Vision for Our Spiritual Home. Come engage in conversation about the Financial Feasibility Study Report. Copies of the Financial Feasibility Study Report are available from the church office and have also been emailed to you.

Contact Christina Davitt for more information [\(509\) 393-9467](tel:5093939467) [christina@davittlaw.com](mailto:christina@davittlaw.com)

### **NEWCOMER CHAT**

In January, we will not have a Newcomer Chat due to a congregational town hall meeting.

### **MAKING CONNECTIONS CLASS**

**Sun, Jan 28, noon to 2pm**

This class is our informational membership class. We cover Unitarian Universalist history, Cascade UU Fellowship history, and provide information regarding the expectations/benefits of being a member at CUUF. We believe each person decides when it is the best time for them to become a member and therefore, this class provides the information needed to make that decision. Once you have participated in this class, then you are welcome to become a member. A light lunch and childcare are provided. To ensure we have enough food, please rsvp to Rev. Laura at [minister@cascadeuu.org](mailto:minister@cascadeuu.org) or 509-881-9658 by Jan 21.

## FELLOWSHIP NEWS

### **CIRCLE SUPPERS**

Circle Suppers are large potluck dinners held in the homes of Fellowship members and friends. They are a good way to socialize with other friends and members of CUUF while sharing a great meal.

Please RSVP to the hosts at least one day in advance, then bring a side dish, appetizer or dessert to share with 10-12 people and, if desired, a beverage of choice. Carpooling recommended if possible.

Questions: Contact Jackie Halter 860-2978



**Small Dinners**— Small Dinners are potluck dinners for eight people, including host. They are held on Saturday evenings in the homes of CUUF members and friends. Sign up sheets to host or attend are on the red board on north wall at back of sanctuary.

Questions: Contact Jackie Halter 860-2978.

**Please check the Weekly Announcements or your Order of Service  
for the Time and place of January's Circle Suppers and Small Dinners.**

## BUDDHISTS' CORNER

### **Impermanence**

**Sharon Meho Petit & Todd Daiko Petit**

The death of one of Stone Blossom Sangha's founding members, Pat Brooke, brought me face to face again with Impermanence. It is happening more as I myself age. Friends and family members drop their body and I get a glimpse of my own impending death.

Pat was my friend and companion on the spiritual path from the moment we met at a Newcomer's Breakfast in 2002. We five, John Crew, Suzanne Harper, Pat and the two of us founded Stone Blossom Sangha. From the time I met Pat, as the elder, I discovered she had much to teach me about life and the deeper reaches of our work maturing as human beings. We laughed and sweated building the CUUF meditation garden. We cried as we lost friends and companions on the path like Rocci Hildum. We worked to heal our sangha and the CUUF community after the suicide of the disrobed Soto priest, Drew. And a hug from Pat was a comfort to be experienced.

Pat Brooke was a belly dance student of mine (Meho) and a drum student of Daiko. She danced in a student belly dance troupe, along with Rita Salama, Rebecca Lyons and Carlie Siroky. Pat was definitely here and in the present moment. And I mourn my friend and will miss her in so many ways.

In Zen we say, 'never born, never die' to describe this great unfolding fabric we call life. And death is part of that fabric as a rose in winter is simply potential which is realized in Spring. But this doesn't mean we don't grieve, feel sadness at our loved one's death, or fear at the thought of our own end. As Pat Brooke said in our last conversation, "I just open, open and open to whatever comes, good or bad."

I gave one last promise to my friend and dharma sister, to say the ancient words of the Dai Segaki prayer and acknowledge her place as an ancestor of Stone Blossom Sangha. We will hold the Buddhist memorial service for Pat Brooke, Wednesday, January 31. You are invited to join us at 5:30 pm at 119 S Miller Street, Wenatchee. You may also join us any Wednesday at 5:30 pm for practice.

We will also be offering Beginning Zen Classes for those who want to learn more about this ancient spiritual path which seems to speak to so many in these times. The classes begin Sunday, January 14 and continue for eight weeks. We will meet from 2-3:30 pm, culminating in a special one-day Zen retreat with Genjo Marinello Osho. Contact me at [shayknight@charter.net](mailto:shayknight@charter.net) to sign up. There is a \$50 requested donation which is all inclusive. See details on Stone Blossom Sangha Facebook page.

Morning Meditation	9:00 am (setup)- Sit 9:30 to 10:15 am
Zen	5:30 pm to 6:30 pm
Tibetan	6:30 pm to 7:30 pm

**Sharon Petit, [shayknight@charter.net](mailto:shayknight@charter.net) or 509-670-883**





## REGIONAL ASSEMBLY

Plan to join attendees from 185 PWR congregations as the four districts of the Pacific Western Region convene in Portland, Oregon, April 27-29, for the 2018 Regional Assembly. Three dynamic speakers will address the theme, *Stories of Hope, Courage, Resistance, and Resilience*. The Rev. Dr. William Barber, a national figure in civil rights activism, will be in the pulpit for Sunday's worship service. Saturday's keynote speaker will be Congresswoman Pramila Jayapal, the first Indian-American woman to be elected to U.S. Congress. Jayapal has spent the last twenty years working internationally and domestically as a leading advocate for women's, immigrant, civil, and human rights. The Rev. Susan Frederick-Gray, UUA president, will speak at Friday evening's opening ceremony. Frederick-Gray will share her emerging vision for the future of the UUA and the wider movement.

Several workshops will be offered during Saturday's programming. If you prefer, you may opt to participate in a local social justice activity. Full details about workshops and the social justice activity will soon be posted on the Pacific Western Region website ([www.uua.org/pwr](http://www.uua.org/pwr)).

All four districts of the Pacific Western Region will hold concurrent annual meetings on Saturday afternoon. Meeting materials and delegate information will be distributed in February/March.

If you are a minister, religious educator, or music director you will want to attend the day-long Professional Day activities on Friday, April 27. Rev. Erika Hewitt, UUA staff Minister of Worship Arts, and Dr. Glen Thomas Rideout, Director of Worship and Music at the First Unitarian Universalist Congregation of Ann Arbor, will be presenting a workshop for religious professionals on multi-generational, multicultural worship. In addition, the Revs. Elizabeth Stevens, Emily Brault, and Susan Maginn will be presenting "From Burden to Blessing: Working with Secondary Trauma" for community-based ministers. Professional Day programming will be held at First Unitarian Church of Portland prior to the start of Regional Assembly. Registration for Friday's Professional Day will be available via the Regional Assembly registration form.

Regional Assembly registration will be open by January 4. You will be able to access full details and the registration form through the Pacific Western Region website ([www.uua.org/pwr](http://www.uua.org/pwr)).

The Portland DoubleTree by Hilton Hotel, site of the Regional Assembly, is offering discounted room rates through March 29. You can reserve your room [here](#). If you book through another link or by phone, be sure to use the group code, UU8. Full details will be posted on the PWR website before registration opens January 4.

PWR staff is working hard to keep registration costs low. An Early Bird adult registration fee will be available through January 31 and fees for young adults, youth, and children will be discounted. Still, could your congregation consider either subsidizing or fully funding the costs for at least one person to attend Regional Assembly? What a great opportunity for someone identified as a potential leader in your congregation!

Be sure to check the PWR website ([www.uua.org/pwr](http://www.uua.org/pwr)) after the first of the year for full Regional Assembly details.



# WhaleCoast Alaska 2018

**WOW! Four Unitarian Universalist Fellowships in Alaska invite you to our awe-inspiring, 25<sup>th</sup> annual Alaska tour program.**

**TOUR #1: National Park Tour, June 9 to 19 -- \$3,135**

**TOUR #2: All-Alaska Tour, July 6 to 18 -- \$3,843**

**WHERE:** From the coastal waters to the sunny Interior, from wilderness to modern cities. We experience the best of Alaska: Fairbanks, Denali Park, Anchorage, Juneau, Sitka, Seward

**SEE:** -Wildlife: whales, seals, bears, moose, caribou, & more.

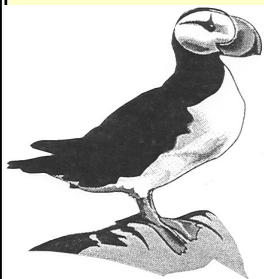
-Glaciers, islands, fjords, and mountain ranges.

-Native American artists and dancers.

-Alaska's finest museums.

-Spectacular travel by train, plane, and boat.

**STAY:** Real Alaska! UU homestays, meals, & dinner parties with Alaska UUs who treat you like friends.



**Director:** Dave Frey, longtime Fairbanks UU

**More information:** [www.WhaleCoastAK.org](http://www.WhaleCoastAK.org)

**Email:** [dfrey@WhaleCoastAK.org](mailto:dfrey@WhaleCoastAK.org)

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# Groups & Programs

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**Book Group, Afternoon** — *2<sup>nd</sup> Wednesday of each month, 1:30pm, at the home of Louise Buchanan.*

You are welcome to join in the discussion of the book of the month.

Contact Patty Ostendorff, 860-0761, [postendorff@msn.com](mailto:postendorff@msn.com).

**Book Group, Evening** — *Every other Monday of each month, 7:00pm, alternating at the home of a group member. No meetings during June, July, and August.*

You are welcome to join for the discussion and reading of a non-fiction book.

Contact Emily Siroky, 884-9628, [easiroky88@yahoo.com](mailto:easiroky88@yahoo.com).

**Choir** — *Thursday preceding the 2<sup>nd</sup> Sunday of each month, September - June, 7:00pm, CUUF sanctuary*

The choir sings on special occasions and at least once a month during Sunday services.

Contact Larry Tobiska, at [ltobiska@nwi.net](mailto:ltobiska@nwi.net) or 881-5020; or Kmbris Bond, at [kmbris.bond@gmail.com](mailto:kmbris.bond@gmail.com) or (541)953-4442.

**Circle Suppers and Small Dinners** — *Usually two Saturday evenings a month, September - June; July and August as scheduled; 6:00pm, at homes of CUUF members and friends, or at CUUF.* CUUF members and friends are invited to bring a dish to share, and, if desired, a bottle of wine. A great chance to get to know one another better while savoring good food.

Contact Jackie Halter, 664-7032; Emily Siroky, 884-9628.

**Covenant Groups** — *Various days, times and meeting places.*

Small, supportive groups meet twice a month to reflect and share with each other. CUUF's Covenant Group mission: "To add depth and breadth to our spiritual experience through creating deeper, more meaningful relationships with individuals and building broader, more caring connections to church and community".

If you are interested in learning more or participating in a covenant group, please contact Rev. Laura Shennum.

**Men's Group** — *Last Wednesday of each month.*

Meeting at a variety of locations and times, as selected by the group, to fit the group's transitory interests.

Contact Larry Tobiska, at [ltobiska@nwi.net](mailto:ltobiska@nwi.net) or 881-5020.

**UU Family Group** — *2<sup>nd</sup> Friday of the month, September—June, 6:00pm to 8:30pm*

Join us for a family potluck at the church.

Then, children will move to their own activities while parents have a discussion. Please bring a dish to share. This group is facilitated by Rev. Laura Shennum.



# January 2018



ALL EVENTS ARE HELD IN THE SANCTUARY UNLESS OTHERWISE NOTED.

For details of Sunday mornings and special events, see the newsletter. To schedule an event using CUUF facilities or to include your event on the calendar, contact the office assistant at **886-4023** or [admin@cascadeuu.org](mailto:admin@cascadeuu.org).

[ ] indicate non-CUUF events or facility rentals. *Italicized entries indicate they occur off-site.*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
See Front Page for sermon titles	<i>1</i>  10:00 am Covenant Group	<i>2</i>  11:30 am Covenant Group Meeting  7pm <i>Covenant Group Meeting</i>	<i>3</i>  12—3pm Minister's Coffee House Mela-Wen  6pm Youth Group	<i>4</i>  6:30pm Worship Team Prep  7pm <i>Covenant Group Meeting</i>	<i>5</i>	<i>6</i>  9:00 am UU Navigators Class
<i>7</i>  10:30am Sunday Service RE K-5th Class 12:30pm Worship Team Training  [3:30pm Private Rental]	<i>8</i>  9am Neighborhood Group Leaders Mtg 11:30am Pastoral Care Mtg  4:30pm Executive Committee	<i>9</i>  <i>Noon Every Tues- day Is Deadline for OOS</i>	<i>10</i>  12—3pm Minister's Coffee House Mela-Wen  6pm Youth Group	<i>11</i>  7pm Choir Practice	<i>12</i>  6pm Family Group	<i>13</i>  [11am Dylan Yoga]
<i>14</i>  10:30am Sunday Service  [4pm Private Rental]	<i>15</i>  10:00am Covenant Group Meeting  6pm Finance Committee mtg  	<i>16</i>  11:30 am Covenant Group Meeting  6:30 Board Meeting	<i>17</i>  12—3pm Minister's Coffee House Mela-Wen  6pm Youth Group	<i>18</i>  7pm Worship Music Team Building  7pm <i>Covenant Group Meeting</i> 7:30pm <i>Covenant Group Meeting</i>	<i>19</i>  10:30am UU Explorers	<i>20</i>  [3pm-7pm Women's Ecstatic Dance]
<i>21</i>  10:30am Sunday Service RE K-5th Class Share the Plate  12pm Town Hall Mtg Financial Feasibility Report  [4pm Private Rental]	<i>22</i>  	<i>23</i>  <i>Noon Every Tues- day Is Deadline for OOS</i>	<i>24</i>  NO  Minister's Coffee House Mela-Wen  6pm Youth Group	<i>25</i>  6:30pm Worship Team Prep  7pm <i>Covenant Group Meeting</i>	<i>26</i>  6pm-8pm Adult Popcorn Theology	<i>27</i>  9am UU Explorers 2
<i>28</i>  10:30am Sunday Service 12pm Making Connections Class  [4pm Private Rental]	<i>29</i>  6pm Immigration Study Group	<i>30</i>	<i>31</i>  12—3pm Minister's Coffee House Mela-Wen 6pm Youth Group	<div> <b>Minister's Coffee House Locations:</b>  <b>Mela Coffee Roasting Co.</b>            17 N Wenatchee Ave, Wenatchee            Will be at this location every            week until further notice.         </div>		



# CUUF Leadership & Staff

## CUUF MINISTER

Rev. Laura Shennum

881-9658 | minister@cascadeuu.org

## CUUF BOARD OF TRUSTEES

Christina Davitt, President ..... 393-9467  
 Jameson O'Neal, Vice President ..... 293-3086  
 Jeff Lau, Treasurer ..... 886-8583  
 Angela Morris, Secretary ..... 667-1345  
 Patty Ostendorff ..... 860-0761  
 Julie McAllister ..... 669-0246  
 Vern Smith ..... 860-2008

## CUUF RE DIRECTOR

Dylan Spradlin

886-4023 | redirector@cascadeuu.org

## CUUF OFFICE ASSISTANT

Sharon Page

886-4023 | admin@cascadeuu.org

## CUUF COMMITTEES AND TEAMS

### BOARD COMMITTEES:

#### **FINANCE COMMITTEE**

Jeff Lau, Treasurer  
 Luke Evans  
 Paige Balling  
 Laurie Rippon  
 Mark Seman  
 Steve Clem  
 Rev. Laura Shennum

#### **FUNDRAISING COMMITTEE**

Anita Janis, Chair     Luke Rummell  
 Carol Oliver           Heather Seman  
 Kmbris Bond          Emily Siroky

#### **GOVERNANCE COMMITTEE**

Ben Knecht  
 Carol Oliver  
 Jaime Krish

#### **NOMINATING COMMITTEE**

Jaime Krish, Chair  
 Heather Coonrod  
 Mary Ellen Rundell

### OTHER TEAMS & GROUPS:

#### **BUILDING & GROUNDS TEAM**

Doug Taylor, Chair - 470-6416  
 Don Oliver

## CUUF COMMITTEES AND TEAMS (continued)

### **CHALICE LIGHTER AMBASSADORS**

Cathy Lau- 886-8583

### **GREETERS**

Chris Rader, Chair - 888-0181  
 Deborah Bryant  
 Barbara Edwards  
 LeRoy Farmer  
 KC Kwak  
 Peggy Love  
 Sandy Limbeck  
 Tracy Maynard  
 Dawn McKenzie  
 Pam Toevs  
 Carol Oliver  
 John Rundell  
 Mary Ellen Rundell  
 Eliot Scull  
 Pat Taylor  
 Pat Whitfield  
 Vikki Williams

### **MEMBERSHIP TEAM**

Deb Bryant  
 Sharon Page  
 Dawn McKenzie  
 Sandy Limbeck  
 Rev. Laura Shennum

### **PACKING FRIENDSHIP**

Teresa Gelb, Chair 663-8240

### **PASTORAL CARE ASSOCIATES**

Lori Nitchals, Parish Nurse  
 Carol Oliver             Leroy Farmer  
 Patty Ostendorff         Jess Mills  
 Betsy Peirce             Verna Zuttermeister  
 Pat Taylor

### **RELIGIOUS EXPLORATION**

Dylan Spradlin, RE Director

### **SOCIAL ACTION TEAM**

Toni Graf, Chair 253-468-6744

### **WORSHIP TEAM**

Chip Balling,  
 Christina Davitt  
 Rev. Laura Shennum  
 Deb Miller  
 Sharon Page  
 Chris Rader  
 Pam Toevs  
 Lynn Madsen  
 Steve Clem  
 Paige Balling

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Pick up a printed calendar of events at the church's Greeters' table.  
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**To submit information for the CUUF Link**

Contact:

Office Assistant

Phone: **886-4023**

Email: [admin@cascadeuu.org](mailto:admin@cascadeuu.org)

Mail: CUUF, 1550 Sunset Highway N.,  
East Wenatchee, WA 98802

## Unitarian Universalism

*There are seven principles which*

*Unitarian Universalist congregations affirm and promote:*

- \* The inherent worth and dignity of every person;
- \* Justice, equity and compassion in human relations;
- \* Acceptance of one another and encouragement to spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.

### Unitarian Universalism draws from many sources:

- \* Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- \* Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- \* Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- \* Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- \* Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- \* Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



## Cascade Unitarian Universalist Fellowship

1550 Sunset Highway N.  
East Wenatchee, WA 98802